

# Update in medicine



17 June 2026 | Exeter

CPD code:

6 CPD  
credits

Programme

08:00 Registration and refreshments

09:00 **Welcome and introduction**  
Dr Roland Boey FRCP, RCP regional adviser, Peninsula

09:05 **Session 1 – ‘I can’t breathe...’ respiratory challenges**  
Chair – Dr Andria Merrison FRCP, RCP regional adviser, Severn

09:10 **Asthma management: acute/severe update**  
Dr Gemma Hayes FRCP, consultant in respiratory medicine, University Hospitals Plymouth NHS Trust

09:45 **Non-invasive respiratory support: what you really need to know**  
Dr Katrina Curtis FRCP, consultant respiratory physician, University Hospitals Bristol and Weston NHS Foundation Trust

10:20 **ICU for the physician: practical update**  
Dr Ben Garfield

10:55 Comfort break

11:25 **Session 2 – Acute care and emergency updates**  
Chair – Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn

11:30 **What else can you do with a medical degree? Win a world cup?**  
Dr Lewis Jones, consultant in emergency medicine, Royal Devon University Healthcare NHS Foundation Trust; team doctor, England Red Roses Rugby team

12:05 **Haematological emergencies for acute physicians**  
Dr Sarah Wheeldon, consultant in haematology and transfusion medicine, Royal Devon University NHS Foundation Trust

12:40 **RCP update**



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13:00 Lunch

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13:50 **Session 3 – From ascites to acute kidney injury: diagnostic pitfalls and infections not to miss**  
Chair – Dr Nicola Maddox, RCP Resident Doctor Committee representative and chief registrar, Peninsula

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13:55 **Acute kidney injury at the front door**  
Dr Lynsey Webb FRCP, consultant in acute medicine and nephrology, deputy medical director, community care group, Royal Devon University Healthcare NHS Foundation Trust

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14:30 **Alcohol-related liver disease and its complications encountered on the acute take**  
Professor Ashwin Dhanda FRCP, professor of liver medicine, University Hospitals Plymouth NHS Trust

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15:05 **Returning traveller infection cases for the general physician**  
Dr Ray Sheridan, consultant physician and director of medical education, Royal Devon University Healthcare NHS Foundation Trust

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15:40 Comfort break

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16:00 **Session 4 – Through the physician's lens: movement and myocardium**  
Chair – Dr Nigel Lane FRCP, RCP regional adviser, Severn

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16:05 **Movement disorder emergencies for acute physicians**  
Dr Sonali Dharia, consultant neurologist, Royal Devon University Healthcare NHS Foundation Trust

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16:40 **Ischaemic heart disease / myocardial infarction (IHD/MI) management: updates for physicians**  
Dr Mrinal Saha, consultant cardiologist, Gloucestershire Hospitals NHS Foundation Trust

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17:15 **Conference closing comments**  
Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn

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17:20 Close of conference

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**Please note this programme may be subject to change.**

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP



## Your regional representatives in Severn

### Regional advisers

Dr Nigel Lane

Dr Andria Merrison

Dr Carolyn Mackinlay

### New Consultants Committee

*Vacancy\**

### SAS Regional Representative Network

*Vacancy\**

### Resident Doctor Committee

Dr Frederica Betteridge

Dr Aimee Leadbetter

### Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

### Lead college tutor

Dr Tina Mehta

## Your regional representatives in Peninsula

### Regional advisers

Dr Sanjeev Gupta

Dr Roland Boey

### New Consultants Committee

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### SAS Regional Representative Network

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### Resident Doctor Committee

Dr Nicola Maddox

Dr Wai Yan Kyaw Nyunt-Thinn

Dr Sophie Goodrun

### Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

### Lead college tutor

Dr Tina Mehta

\*If you are interested in the above vacancies, please get in touch.

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