



New consultants forum

18 November 2025 | Virtual

3 CPD
credits

Programme

14.15 Welcome and introduction

Session 1

Chair – Dr Nadia Sarween FRCP, RCP New Consultants Committee representative – West Midlands

14.20 Recognising sexism and sexual misconduct

Dr Sarah Bowater FRCP, consultant cardiologist,
University Hospitals Birmingham NHS Foundation Trust

14.50 Panel discussion – Dr Sarah Bowater FRCP and Professor Mumtaz Patel FRCP, RCP president

15.05 Palliative care – improving outpatient skills, broadening mortality

Dr Milind Arolker FRCP, consultant in palliative care,
University Hospitals Birmingham NHS Foundation Trust

15.55 Comfort break

Session 2

16.05 Chair – Dr Udit Mittal FRCP, RCP New Consultants Committee representative – Oxford and Thames Valley

16.05 Walking your own leadership path

Dr Ruw Abeyratne, director of health equality and inclusion,
University Hospitals of Leicester NHS Trust

16.45 Open forum – your opportunity to network with RCP New Consultants Committee representatives and new consultant colleagues

16.55 Closing remarks

17.00 Close