

Update in medicine



12 June 2025 | Liverpool

CPD code:

6 CPD
credits

Programme

08.15 Registration and refreshments

09.15 **Conference opening comments**
Dr Ash Bassi, RCP regional adviser, Mersey

09.20 **Session 1**
Chair – Dr Ash Bassi

09.20 **Diabetes: what you need to know about new technology and how it affects your decision making**
Dr Simon Saunders, consultant diabetologist,
Mersey and West Lancashire Teaching Hospitals NHS Trust

09.55 **Vasculitis for the general physician**
Dr Sahena Haque, consultant rheumatologist,
Manchester University NHS Foundation Trust

10.30 **Personalised medicine and genetics in modern medicine**
Dr John McDermott, genetics specialist registrar and honorary clinical lecturer,
Manchester Centre for Genomic Medicine

11.05 Comfort break

11.25 **Session 2**
Chair – Dr Alastair Gilmore, RCP regional adviser, Mersey

11.30 **Keynote session: 'Sick enough to die': accommodating the possibility of death as a medical outcome**
Dr Kathryn Mannix, palliative physician (retired),
medical writer and campaigner

12.30 RCP update



12.45 Lunch

13.45 **Session 3**

Chair – Dr Rehan Qureshi, RCP regional adviser, North Western

13.45 **Managing your wellbeing – how to look after yourself as a physician**

Dr Simon Frazer, paediatrician, CEO and creative director,
Doctors Training

14.20 **Headaches and neurological presentations: a guide for the general physician**

Dr Michael Bonello, consultant neurologist,
The Walton Centre NHS Foundation Trust

14.55 **Transient ischaemic attack and stroke: recent advances in stroke medicine for busy physicians**

Dr Amit Kishore, consultant stroke physician and honorary senior lecturer,
Manchester Centre for Clinical Neurosciences

15.30 Comfort break

15.45 **Session 4**

Chair – Dr Onesi Ogedengbe, RCP regional adviser, North Western

15.45 **Talk to be confirmed**

Speaker to be confirmed

16.20 **Refugee medicine: the journey to becoming a refugee and the importance of understanding the wider determinants of health and trauma**

Dr Rebecca Farrington, senior clinical lecturer and GP with extended role in
refugee and asylum seeker mental health,
Edge Hill University

16.55 Closing comments

17.00 Close of conference

Please note: this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers.
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Your regional representatives in Mersey

Regional advisers

Dr Ash Bassi, Mersey and West Lancashire Teaching Hospitals NHS Trust
Dr Victoria Tippett, Liverpool University Hospitals NHS Foundation Trust
Dr Simon Saunders, Mersey and West Lancashire Teaching Hospitals NHS Trust
Dr Alastair Gilmore, Wirral University Teaching Hospital NHS Foundation Trust

New Consultants Committee

Dr Violeta Razanskaite, Liverpool University Hospitals NHS Foundation Trust

SAS Regional Representatives Network

Vacant

Resident Doctor Committee

Dr Mariyam Adam, Liverpool University Hospitals NHS Foundation Trust
Dr Rebecca Kuruvilla, Liverpool University Hospitals NHS Foundation Trust

Student and Foundation Doctor Network

Ashna Arif, Mersey and West Lancashire Teaching Hospitals NHS Trust

Your regional representatives in North Western

Regional advisers

Dr Vinodh Devakumar, Northern Care Alliance NHS Foundation Trust
Dr Onesi Ogedengbe, Manchester University NHS Foundation Trust
Dr Rehan Qureshi, Bolton NHS Foundation Trust
Dr Sahena Haque, Manchester University NHS Foundation Trust

New Consultants Committee

Dr Dhivya Das, Northern Care Alliance NHS Foundation Trust

SAS Regional Representatives Network

Vacancy

Resident Doctor Committee

Dr Rachel Openshaw, Liverpool University Hospitals NHS Foundation Trust
Dr Leigh Wilson, Manchester University NHS Foundation Trust

Student and Foundation Doctor Network

Bobin Lee, Mid Cheshire Hospitals NHS Foundation Trust

Enquiries:

Helen Knowles, regional manager
Mersey@rcp.ac.uk / NorthWestern@rcp.ac.uk





Dr Simon Saunders

Dr Simon Saunders received Mb.ChB.(Hons) at the University of Liverpool 1998 and trained within the Mersey deanery. He has worked as a consultant in diabetes endocrinology since 2008 and was appointed as senior clinical lecturer at Edge Hill University in 2022. Simon's clinical work mostly focuses on Type 1 diabetes, diabetes technology and hybrid closed loop systems – he was involved in the NHS pilot of this technology in 2021. Simon has been the regional specialty adviser in diabetes and endocrinology for a number of years and was recently appointed as regional adviser for the RCP.



Dr Sahena Haque

Dr Sahena Haque has been a consultant rheumatologist since 2011, with a special interest in vasculitis and respiratory diseases in rheumatological conditions, collaborating in MDT clinics with renal, ENT and respiratory colleagues to deliver comprehensive patient care. Sahena is also a dedicated educator and currently serves as the director of medical education at one of the largest NHS Trusts in the UK, overseeing the training and professional development of approximately 2,000 trainee and locally employed resident doctors.



Dr John McDermott

Dr John McDermott is a clinical geneticist and a National Institute for Health Research (NIHR) doctoral research fellow at the University of Manchester, investigating models for implementing pharmacogenetics within the NHS. He was appointed as the UK's first academic clinical fellow in genomic medicine in 2016. Working at the Manchester Centre for Genomic Medicine (MCGM), his research focuses on the application of genetic and genomic technologies in the acute and everyday healthcare setting. John was recently awarded funding from the NIHR to undertake the world's first trial of a genetic test in the acute setting – the Pharmacogenetics to Avoid Loss of Hearing (PALOH) trial and other similar projects require extensive collaboration between industry, academia and clinicians. In 2015, John was a visiting scholar at the MIT and Harvard Broad Institute where he first worked with large 'multi-omic' datasets.

Meet the speakers



Dr Kathryn Mannix

Dr Kathryn Mannix worked in palliative medicine for 30 years, most of which was spent in teaching hospitals, with some time in hospices and with community palliative care teams. She then took early retirement to campaign for better public understanding of dying and published her first book, *With the end in mind*, in 2027. The book was shortlisted for the Wellcome Book Prize and has become an international best-seller, opening the door for Kathryn to carry out campaigning work around the world. She is focusing on how doctors can improve the handling of conversations and care at the end of life, especially in hospitals.

Photo credit Darren Irwin



Dr Simon Frazer

Bio coming soon.



Dr Michael Bonello

Bio coming soon.

Programme

Meet the speakers



Dr Amit Kishore

Bio coming soon.



Speaker to be confirmed

Bio coming soon.



Dr Rebecca Farrington

Bio coming soon.

Programme