**Help us to improve bone health services in our locality**

* Do you care about your local bone health services?
* Are you aged 50 years or older, or a carer for someone who has broken a bone after a fall?

**Why do we need you?**

We need your help to improve bone health services in our locality.

We are working to [set up a fracture liaison service (FLS)/ improve our fracture liaison service (FLS)] and need your help to make sure our services provide better care.

Join our fracture liaison service team where your   
voice matters!

What is a fracture liaison service (FLS) and why are we focusing on FLSs?

|  |
| --- |
| A fracture liaison service is an NHS team that helps people who have broken bones get the best care and support to stay healthy. This is very important for the NHS as we know over half of men and women who break a bone aged 50 or over could be at high risk of more broken bones without the right advice. |

You can read about bone health on the [Royal Osteoporosis Society](https://theros.org.uk/) website. Learn more about what an FLS is by watching this [short video](https://www.youtube.com/watch?v=5oGawxi1XIg) created by the Fracture Liaison Service Database team based at the Royal College of Physicians, alongside their [strong bones over 50 guide](https://www.rcp.ac.uk/media/5xqpxkmo/strong-bones-after-50-patient-booklet_0_0.pdf).

Why join us?

* Make a difference: Your ideas can help make bone care better.
* Work together: Team up with doctors, nurses, other healthcare professionals and patients to create great services. We are a friendly service and keen to work with as many patients as possible to make this service one of the best in the country.
* Learn new things: Find out more about bone health and help make changes.

What will you need to do?

* We want to hear your ideas and experience to help improve our services. You don’t need to be an expert or learn extra information.

How can you take part

1. [Join our team that meets online every 2 weeks] focused on getting the service in place. [We meet for around 30 minutes during the afternoon]. We will try to find a time that suits as many people as possible. Don’t worry if you miss a meeting. We can record them, and if you are able to, you can send us your feedback by email or in a separate meeting.
2. [Join our committee that meets online every 4 weeks] to make sure we are heading in the right direction. [We meet for around 30 minutes during the afternoon]. We will try to find a time that suits as many people as possible. We can record them, and if you are able to, you can send us your feedback by email or in a separate meeting.
3. [Join our advisory group]. We will send you documents and other information to check through and provide feedback.

Who are we looking for?

* People aged 50 years and over who have had broken bones, or their caregivers
* People who can use the internet to join meetings – most of our meetings will be online (we will provide all the training you need)

Our commitment to diversity: We are especially looking to recruit members from under-served communities. This includes people from minoritised ethnic groups, people with/caring for dementia or learning disabilities, people who are neurodiverse and people with other protected characteristics eg LGBTQ+. We believe that a variety of voices and experiences are essential to creating effective and inclusive healthcare services.

* You will be supported by [insert information]
* This is an unpaid, voluntary role

How to join

* Contact us: Email [your email address] or call [your phone number] to let us know that you’re interested.
* We will then get in touch and talk through any questions you have and see if you would like to join.

GDPR statement: By joining our steering committee, you agree to share your contact information with us. We will use this information to communicate with you about the committee’s activities. Your data will be stored securely and will only be used for purposes related to the fracture liaison services [insert region]. You can request to have your data removed at any time by contacting us.

Contact information

* Email: [your email address]
* Phone: [your phone number]
* Website: [your website]

**Your voice matters!** Help us make bone care better in the [insert – region/ICS]. Together, we can make a big differenc