

# Update in medicine



1 May 2025 | Cambridge

CPD code: 151728

6 CPD  
credits

Programme

08.15 Registration and refreshments

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09.15 **Welcome and introduction**  
Dr Ian Gooding, RCP regional adviser, Eastern region

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09.20 **Session 1**  
Chair – Dr Ian Gooding

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09.20 **'I've got this rash'**  
Dr Elizabeth Ogden, associate specialist in dermatology, clinical lead,  
Hertfordshire Community NHS Trust

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09.55 **Medical problems in pregnancy presenting on the acute take**  
Dr Paarul Prinja, consultant in acute and obstetric medicine,  
Royal Wolverhampton NHS Trust and Birmingham Women's and Children's  
NHS Foundation Trust

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10.30 **The potential of personalised respiratory medicine**  
Dr Pujan Patel, consultant in respiratory medicine,  
Guy's and St Thomas' NHS Foundation Trust

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11.05 Comfort break

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11.30 **Session 2**  
Chair – Dr Ajay Kamath, RCP regional adviser, Eastern region

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11.30 **Keynote session: the changing landscape of HIV epidemiology and  
management**  
Dr Sani Aliyu, consultant in microbiology and infectious diseases,  
Cambridge University Hospitals NHS Foundation Trust

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12.30 **RCP Update**

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12.45 Lunch

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13.45 **Session 3**

Chair – Dr Thida Win, RCP regional adviser, Eastern region

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13.45 **Update on cardiac devices in 2025 and management of arrhythmia**

**Dr Duncan Field**, consultant in cardiology,  
East Suffolk and North Essex NHS Foundation Trust

14.20 **Hyperacute stroke care – time for a change?**

**Dr Kneale Metcalf**, consultant stroke physician,  
Norfolk and Norwich University Hospitals NHS Foundation Trust

14.55 **What a physician needs to know about IBD in 2025**

**Dr Gareth Parkes**, consultant in gastroenterology,  
Barts Health NHS Trust

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15.30 Comfort break

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15.45 **Session 4**

Chair – Dr Ian Gooding, RCP regional adviser, Eastern region

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15.45 **Diabetes and technology for acute physicians**

**Dr Khin Swe Myint**, consultant physician and endocrinologist,  
Norfolk and Norwich University Hospitals NHS Foundation Trust

16.20 **An update on UK lung cancer screening**

**Professor Richard Booton**, consultant in respiratory medicine,  
Manchester University NHS Foundation Trust

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16.55 **Conference closing comments**

**Dr Ian Gooding**

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17.00 Close of conference

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**Please note this programme may be subject to change.**

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## Your regional representatives in the Eastern region

### Regional advisers

Dr Ian Gooding, East Suffolk and North Essex NHS Foundation Trust  
Professor Thida Win, East and North Hertfordshire NHS Trust  
Dr Ajay Kamath, Norfolk and Norwich University Hospital

### New Consultants Committee

Dr Katie Honney, Queen Elizabeth Hospital King's Lynn NHS Foundation Trust

### SAS Regional Representative Network

*Vacancy \**

### Resident Doctor Committee

Dr Joyce Cheng, Norfolk and Norwich University Hospitals NHS Foundation Trust  
Dr Sarishka Singh, Bedfordshire Hospitals NHS Foundation Trust

### Student and Foundation Doctor Network

Jilse Joshy, Norfolk and Norwich University Hospital  
Adanna Ewuzie, Cambridge University Hospitals NHS Foundation Trust

\*If you are interested in the above vacancies, please get in touch.

### Enquiries:

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