**Fracture Liaison Service Telephone Review**

**ROS** **Effective Secondary Prevention of Fragility Fractures: Clinical Standards for Fracture Liaison Services recommend that an FLS will proactively check that patients are started on the treatment recommended at 16 weeks post fracture, with a further check of longer-term treatment adherence at 52 weeks from fracture. This form has been developed to assist with these consultations, please amend to ensure it meets the needs of your service.**

**Date of fracture:**

**Date of follow up:**

**Is this:**

**4 month follow up ❑**

**12 month follow up ❑**

**Insert patient label here**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Yes | No | Comments |
| 1. Have you started on your new osteoporosis tablets? |  |  |  |
| 1. Are you taking the tablet once per week? |  |  |  |
| 1. Do you take the tablet first thing in the morning after an overnight fast? |  |  |  |
| 1. Do you take the tablet with **ONLY** tap water? |  |  |  |
| 1. Are you able to swallow the tablet whole? |  |  |  |
| 1. Do you remember not to take food/ drinks or **ANY** other medications for at least 30 minutes afterwards? |  |  |  |
| 1. Do you remain sitting or standing for 30 minutes after taking? |  |  |  |
| 1. Have you experienced any worsening heartburn or indigestion since starting the medication? |  |  |  |
| 1. Have you experienced any difficulty swallowing since starting the medication? |  |  |  |
| 1. Have you experienced any NEW thigh pain since starting your medication? |  |  |  |
| 1. Have you experienced any other side effects since starting the medication? |  |  |  |
| 1. If you have had side effects, have you informed your GP? |  |  |  |
| 1. Has your GP tried you on a different medication or referred you back to the hospital? |  |  |  |
| 1. Do you also take your calcium and/or vitamin D supplement? |  |  |  |
| 1. Have you had any side effects or problems with it? |  |  |  |
| 1. Have you had any further falls since you attended the clinic? |  |  |  |
| 1. Have you broken any bones since you attended the clinic? |  |  |  |
| **Was the patient referred for a falls risk assessment?**  **Have they been contacted for a falls risk assessment by the relevant team?** |  |  |  |

The Royal Osteoporosis Society is the only UK-wide organisation dedicated to finding a cure for osteoporosis and improving the lives of everyone affected by it. For information and support, visit **theros.org.uk**, or contact the charity’s free osteoporosis Helpline on **0808 800 0035** or at **nurses@theros.org.uk**.