



Royal College
of Physicians

BGS

British Geriatrics Society

DGM Resource List 2017

General / Revision Texts

ABC series [Wiley]

- ABC of Dementia (2014); Coope, B. Richards, F.
- ABC of Stroke (2011); Mant, J. Walker, M.F. (Eds) –
- ABC of Geriatric Medicine (2009); Cooper, N. Forrest, K. Mulley, G.

Geriatric Medicine at a Glance (2015); Blundell, A. Gordon, A.

- *Excellent, readable, comprehensive*

Oxford Case Histories in Geriatric Medicine (2015); Thompson, S. Lovett, N. Grimley Evans, J. Pendlebury, S.

- *Excellent content in accessible format. This is aimed at SCE level, but there is much of relevance for DGM candidates. The case based format fits very well with the clinical aspect of the DGM examination*

Oxford Handbook of Geriatric Medicine 2nd Edition (2012); Bowker, L. Price, J. Smith, S.

- *Concise but comprehensive – useful to look up / read around cases as they arise in clinical practice*

Lecture Notes Elderly Care Medicine 8th Edition (2012); Nicholl, C. Wilson, J.

- *Goes beyond DGM, so may be less relevant. A good source of information*

LECTURES, PODCASTS, SOCIAL MEDIA

Excellent podcasts on British Geriatric Society site: <http://www.bgs.org.uk/index.php/resources-6/podcast-library>

- *The BGS has a number of podcasts on subjects ranging from historical figures important to geriatric medicine to clinical subjects*

MDTea: <http://thehearingaidpodcasts.org.uk/mdtea-2/>

- *A free open access series of podcasts for all healthcare professionals working with older adults*
- *Entertaining, bite-size, multidisciplinary, free, covers key points well at the right level for DGM*

Geriatrics4Juniors: <http://aeme.org.uk/cotecast/>

- Podcast for clinicians working with older patients + online/social media resources
- Also runs an annual conference

ONLINE E-LEARNING

BGS e-learning topics: <http://www.bgs.org.uk/index.php/elearning>

- Free resource aimed at medical students and foundation doctors but much of relevance

E-learning for Healthcare: <http://www.e-lfh.org.uk/programmes/>

- Free for anyone with nhs.net email address – no specific geriatric medicine strand but some modules relevant e.g. CHC, dementia, DOLS. Much more content being developed

BMJ e-learning: <http://learning.bmj.com/learning/info/CME-CPD-for-BMA-members.html>

- Free to BMA members. Useful links to e-learning modules and relevant BMJ content searchable by topic – no specific “geriatric medicine” section but many relevant including delirium, dementia, GCA, consent, back pain, anaemia in old age, heart failure

DGM specific: <https://www.rcplondon.ac.uk/diploma-geriatric-medicine>

- Has some sample questions online

GUIDELINES AND EVIDENCE–BASED MATERIALS

NICE guidance: <http://www.nice.org.uk>

- AKI, AF, CKD, CHF, delirium, dementia, depression, diabetes, diverticular disease, home care, winter deaths, frailty, osteoporosis, head injury, abuse, incontinence, falls, stroke rehab, head injury, hip fracture, TLoC, LUTS, rehab after acute illness
- Available free online

SIGN Scottish Intercollegiate Guidelines Network: www.sign.ac.uk

- Many of same topics as NICE above but has an additional 2 relevant topics not covered by NICE (management of bacterial UTI, chronic venous ulcers)

Cochrane reviews: <http://www.cochrane.org>

- CGA (2011)
http://www.cochrane.org/CD006211/EPOC_comprehensive-geriatric-assessment-for-older-adults-admitted-to-hospital
- Falls (2012)
http://www.cochrane.org/CD005465/MUSKINJ_interventions-for-preventing-falls-in-older-people-in-care-facilities-and-hospitals
- Delirium in hospitalised patients (2016)
http://www.cochrane.org/CD005563/DEMENTIA_interventions-prevent-delirium-hospitalised-patients-not-including-those-intensive-care-units

Up-to-Date: <http://www.uptodate.com/home>

- Subscription required. This is great for looking up and reading around topics and cases – comprehensive current evidence for all areas of medicine – this will take candidates beyond DGM level but fantastic resources used in conjunction with cases / portfolio / experiential / case-based learning

OTHER RESOURCES TO SUPPORT INDIVIDUAL CURRICULUM ITEMS

DVLA Medical Fitness to Drive (2017) <https://www.gov.uk/government/publications/assessing-fitness-to-drive-a-guide-for-medical-professionals>

- *Candidates do not have to memorise all conditions but should be aware of restrictions around common medical conditions of old age, responsibility of medical practitioner, and availability of At-a-glance- guide and telephone advisers for more detailed advice*

STOPP –START criteria for Potentially Inappropriate Prescribing in Older People: Version 2 (2014);

O’Mahony et al. *Age and Ageing*, 44(2), pp.213-218.

<http://ageing.oxfordjournals.org/content/early/2014/10/16/ageing.afu145.full>