

National Respiratory Audit Programme (NRAP)

## NRAP Good Practice Repository – COPD

## University Hospital Coventry University Hospitals Coventry and Warwickshire NHS Trust



**KPI4:** 

Current smokers prescribed stop smoking drug and/or referred to behavioural change intervention.

University Hospital Coventry achieved: 94.2% - 2022-23

\*% of patients submitted to the audit.

Over the past 3 years the Respiratory Specialist Nursing Team at University Hospitals of Coventry and Warwickshire have consistently performed well in KPI4 – Current smokers prescribed stop smoking drug and/or referred to behavioural change intervention.

COPD Good Practice Repository – case study National Respiratory Audit Programme copd@rcp.ac.uk | 020 3075 1526 | www.rcp.ac.uk/nrap



National Respiratory Audit Programme (NRAP)

## Our processes to achieve good practice in KPI4:

Ward teams can refer to the respiratory nurse specialists (RNSs) electronically. We use a pre-filled form which asks questions relating to the discharge bundle. The referrer is expected to answer questions relating to smoking.

One question asks a patient's smoking status, and another asks if smoking cessation advice has been given. The referrer is expected to answer yes or no. This not only means the RNS team member knows what level of intervention is required, it prompts the referral to also consider giving smoking cessation advice or referring to our community stop smoking service.

All RNS team members have been trained to give very brief advice on smoking cessation and we work closely with the smoking cessation team in Coventry and Warwickshire to refer patients who are interested in stopping smoking.

## Staffing

We have a team of 5 WTE Respiratory Nurse Specialists (RNS) in the Trust who work 8-4 Monday to Friday.

During ward-based reviews and follow-up clinics patients are educated on the effect smoking has on exacerbation rates for COPD, disease progress and wider health implications. Every opportunity is utilised to provide health promotion advice around smoking.