

# Update in medicine



28 April 2026 | Newcastle

CPD code: 155060

6 CPD  
credits

Programme

- 08:15** Registration and refreshments
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- 09:10** **Welcome and introduction**  
Dr Anita Jones FRCP, RCP regional adviser, Northern
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- 09:15** **Session 1**  
Chair – Dr Anita Jones FRCP
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- 09:20** **Management of chronic kidney disease – update on new pharmacological developments**  
Dr Shalabh Srivastava, consultant interventional nephrologist,  
South Tyneside and Sunderland NHS Foundation Trust
- 09:55** **Practical Parkinson's**  
Dr Neil Archibald FRCP, consultant neurologist,  
South Tees Hospitals NHS Foundation Trust
- 10:30** **Falls: Diagnoses not to make and not to miss**  
Dr Nigel Stout, consultant physician and geriatrician,  
South Tyneside and Sunderland NHS Trust
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- 11:05** Comfort break
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- 11:30** **Session 2**  
Chair – Dr Bilal Jijah FRCP, RCP regional adviser, Northern
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- 11:35** **Screening, prevention and early diagnosis of colorectal cancer**  
Professor Colin Rees FRCP, professor of gastroenterology at Newcastle  
University, president, British Society of Gastroenterology
- 12:05** **Update in medical education**  
Dr Dawn Ashley, interim postgraduate dean and consultant acute physician,  
University Hospital of North Tees
- 12:35** **RCP update**  
Professor Mumtaz Patel PRCP, RCP President  
Dr Omar Mustafa FRCP, RCP registrar

Hilton Newcastle Gateshead, Bottle Bank, Gateshead NE8 2AR

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12:55 Lunch

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13:45 **Session 3**

Chair – Dr Sath Nag FRCP, RCP regional adviser, Northern

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13:50 **Tuberculosis for the general physician**

Dr Nick Scriven FRCP, consultant acute and general medicine,  
Calderdale and Huddersfield NHS Foundation

*This talk has been supported by the Mitchell Trust*

14:25 **Putting teeth into LGBTQ+ healthcare: Beyond GUM and across the life course**

Dr Dan Bailey FRCP, consultant geriatrician,  
King's College Hospital NHS Foundation Trust

15:00 **Pneumonia in adults with a learning disability - reducing the risk and improving outcomes**

Dr Hilary Tedd, consultant respiratory physician,  
The Newcastle upon Tyne Hospitals NHS Foundation Trust

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15:35 Comfort break

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15:50 **Session 4**

Chair Dr Thea Preston, RCP SAS doctor committee representative, Northern

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15:55 **The febrile traveller**

Dr John Williams FRCP, consultant in infectious diseases,  
South Tees University Hospital NHS Foundation Trust

16:30 **Valvular heart disease in the TAVI era: What every physician should know**

Dr Shaza AK Bashir, consultant cardiologist,  
South Tyneside and Sunderland NHS Foundation Trust

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17:05 **Conference closing comments**

Dr Anita Jones FRCP, RCP regional adviser, Northern

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17:10 Close of conference

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**Please note this programme may be subject to change.**

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## Your regional representatives in the Northern region

### Regional advisers

Dr Anita Jones, Sunderland Royal Hospital  
Dr Sath Nag, The James Cook University Hospital  
Dr Bilal Jajah, Darlington Memorial Hospital

### New Consultants Committee

Vacancy

### SAS Regional Representative Network

Dr Thea Preston, Queen Elizabeth Hospital

### Resident Doctor Committee

Dr Samuel Hey  
Dr Nahaboo Solim

### Student and Foundation Doctor Network

Aditya Thakur

\*If you are interested in the above vacancies, please get in touch.

### Enquiries:

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