



# SAS forum: Life as an SAS doctor

30 June 2026 | Virtual

14:00	<b>Welcome and introduction</b> <b>Chair – Dr Heather Sullivan</b> Specialty doctor in diabetes and endocrinology, Mersey and West Lancashire Teaching Hospitals NHS Trust
14:05	<b>Session 1: Celebrating the SAS pathway</b>
14:10	<b>Working as an LED doctor</b> <b>Dr Samia Rizvi</b> Locally employed doctor, Gateshead Health NHS Foundation Trust
14:20	<b>My career as a specialty doctor</b> <b>Dr Jeenat Khan FRCP</b> Specialty doctor in stroke medicine, South Eastern Health and Social Care Trust
14:30	<b>My IMG and SAS career</b> <b>Dr Muhammad Imran Khokhar FRCP</b> Specialty doctor in cardiology, Mid and South Essex NHS Foundation Trust
14:40	<b>A career as a specialist doctor</b> <b>Dr Helen Yandell FRCP and Dr Sarah Waters FRCP</b> Specialist doctors, Somerset NHS Foundation Trust
14:50	<b>Panel discussion</b>
15:05	<b>Comfort break</b>
15:15	<b>Making the most of your appraisal as an SAS doctor</b> <b>Dr Lucy Harding</b> RCP educationalist
15:55	<b>Peer-to-peer discussion</b> An opportunity to reflect on today's forum and to share experiences and tips with your colleagues <ul style="list-style-type: none"><li>• What has been the most positive aspect of your SAS role in the past year?</li><li>• How could the RCP better support SAS doctors?</li></ul>
16:10	<b>Closing remarks</b>
16:15	<b>Close</b>

Programme

2 CPD  
credits