

# Update in medicine



2 July 2024 | Liverpool

CPD code: 148641

6 CPD  
credits

08:15 Registration and refreshments

09:15 Welcome and introduction

## Session 1 – Geriatric medicine

Chair – Professor Sandy Thomson, RCP regional adviser, North Western

09:20 **Employing frailty assessments on the acute medical ward**

Professor Emma Vardy, consultant geriatrician,  
Northern Care Alliance NHS Foundation Trust

09:50 **An approach to falls**

Dr Rajkumar Parikh, consultant geriatrician,  
Northern Care Alliance NHS Foundation Trust

10:20 **Parkinson's disease – acute presentations and top tips for management on the acute medical ward**

Dr Jason Raw, consultant physician and geriatrician,  
Northern Care Alliance NHS Foundation Trust

10:50 Comfort break

11:15 **Session 2 – Acute psychiatry**

Chair – Dr Rehan Qureshi, RCP regional adviser, North Western

11:20 **Strategies for serene care: managing acutely agitated patients on acute medical wards**

Dr Qaiser Javed, consultant liaison psychiatrist,  
Liverpool University Hospital NHS Foundation Trust

11:45 **Managing physical health in adults with Severe Mental Illness (SMI)**

Dr Helen Pears, consultant psychiatrist,  
Mersey Care NHS Foundation Trust

## Acute cases: deprivation of liberty and the mental capacity act

12:10 Dr Ross Overshott, consultant liaison psychiatrist,  
Northern Care Alliance NHS Foundation Trust

## RCP update

12:35 Dr John Dean, RCP clinical vice president

Programme



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12:45 Lunch

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13:45 **Session 3**

Chair – Dr Onesi Ogedengbe, RCP regional adviser, North Western

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13:50 **Turner Warwick winning lecture (Mersey and North Western):  
An inflammatory surge seen during extracorporeal blood purification  
techniques due to host-membrane interactions**

**Dr Duha Ilyas**, renal registrar,  
Manchester University NHS Foundation Trust

14:10 **Recent advances in CKD management**

**Dr Noshaba Naz**, consultant nephrologist,  
Wirral University Teaching Hospitals NHS Foundation Trust

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14:45 **Comfort break**

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15:00 **Session 4 – Breathlessness**

Chair – Dr Simon Saunders, RCP regional adviser, Mersey

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15:05 **Haematological causes of acute breathlessness**

**Dr Jeyaprakash Ramachandran**, consultant haematologist,  
Northern Care Alliance NHS trust

15:35 **Acute breathlessness – common, unusual and rare respiratory causes**

**Dr Seema Brij**, consultant respiratory physician,  
Manchester University NHS Foundation Trust

16:05 **Cardiovascular causes of acute breathlessness and management**

**Dr Laura Dobson**, consultant cardiologist,  
Manchester University NHS Foundation Trust

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16:35 **Closing comments**

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16:40 **Close of conference**

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**Please note this programme may be subject to change.**

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## Your regional representatives in Mersey

### Regional advisers

Dr Ash Bassi, Mersey and West Lancashire Teaching Hospitals NHS Trust  
Dr Victoria Tippett, Liverpool University Hospitals NHS Foundation Trust  
Dr Simon Saunders, Mersey and West Lancashire Teaching Hospitals NHS Trust

### New Consultants Committee

Dr Violeta Razanskaite

### SAS Regional Representatives Network

Dr Helen Bonwick, Liverpool Heart and Chest Hospital NHS Foundation Trust  
and Marie Curie Hospice, Liverpool

### Trainees Committee

Dr Mariyam Adam, Liverpool University Hospitals NHS Foundation Trust  
Dr Rebecca Kuruvilla, Liverpool University Hospitals NHS Foundation Trust

### Student and Foundation Doctor Network

Thomas Anderson  
Bobin Lee

## Your regional representatives in North Western

### Regional advisers

Professor Sandy Thomson, Northern Care Alliance NHS Foundation Trust  
Dr Vinodh Devakumar, Northern Care Alliance NHS Foundation Trust  
Dr Onesi Ogedengby, Manchester University NHS Foundation Trust  
Dr Rehan Qureshi, Royal Bolton Hospital, Bolton NHS Foundation Trust

### New Consultants Committee

Dr Dhivya Das, Northern Care Alliance NHS Foundation Trust

### SAS Regional Representatives Network

Dr Muhammad Imran Farooq, Lancashire Teaching Hospitals NHS Foundation Trust

### Trainees Committee

Vacancy  
Dr Leigh Wilson, Manchester University NHS Foundation Trust

### Student and Foundation Doctor Network

Thomas Anderson  
Bobin Lee

## Enquiries:

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## Professor Emma Vardy

Professor Emma Vardy is a consultant geriatrician and clinical frailty and virtual ward lead at the Northern Care Alliance NHS Foundation Trust. She holds an honorary clinical chair with the Manchester Academic health sciences centre in the Faculty for Biology, Medicine and Health at the University of Manchester. Emma is the National Institute for Health and Care Research (NIHR) Greater Manchester Clinical Research Network ageing specialty lead and the Clinical Research Collaboration deputy lead for the health ageing theme. She is senior editor for the journal *Age and Ageing*, a board member of the European Delirium Association, committee member for the UK Hospital at Home Society and co-chair of the North West British Geriatrics Society committee. She has published widely on topics including delirium, acute illness in the older person, frailty, dementia, virtual wards, quality improvement and digital health.



## Dr Raj Parikh

Rajkumar graduated from the University of Leicester in 2000. He trained in geriatric and internal medicine in the East Midlands. He has an interest in medical education and completed his MMed at the University of Dundee. Rajkumar has been a consultant geriatrician at Royal Oldham Hospital since March 2009. He is training programme director for geriatric medicine in the north-west and associate head of school. Clinically, Rajkumar works as an ortho-geriatrician and runs the fall service as well as participating in the unselected medical take.



## Dr Jason Raw

Dr Jason Raw graduated from the University of Dundee in 1997. He has been a consultant physician and movement disorders specialist since 2007. Together with colleagues he runs three movement disorders clinics at Oldham and Bury Hospitals, with MDT support. He is a principal investigator for Parkinson's research studies and has recruited many hundreds of patients to local, national and international studies. He has been Northwest Research Director for Parkinson's UK and North West Parkinson's Excellence Network Lead for several years prior to the COVID pandemic. At Fairfield General Hospital, he has also been clinical director for general and specialty medicine since 2019 and clinical lead for care of the elderly.

# Meet the speakers



# Programme



## Dr Qaiser Javed

Dr Qaiser Javed is an academic and clinical practitioner with post-graduate training in psychiatry from Oxford and Mersey deanery, alongside a certificate of completion in general adult psychiatry (GAP). His professional pursuits include a PG certificate and Diploma in personality disorder, and a Masters in research in organic personality disorder. Qaiser's clinical expertise lies in the field of neuropsychiatry, psychopharmacology, personality disorders, delusional infestation, traumatic brain injury, and alcohol related brain injury. He is based at Aintree University Hospital as a highly experienced consultant psychiatrist working in liaison psychiatry since 2016. In this capacity, Qaiser is concerned with the management of mental disorders in general medical settings. He runs one of the few joint psychiatry and infectious disease clinics for delusional infestation that exist internationally with the infectious disease consultant at the Liverpool School of Tropical Medicine.



## Dr Helen Pears

Dr Helen Pears has been a consultant general adult psychiatrist since 2007. Helen is also an honorary senior clinical lecturer at the University of Liverpool School of Medicine and a previous associate director of medical education at Mersey Care NHS Foundation Trust. She has a master's in medical ethics. Having trained in the Mersey region, Helen worked for 14 years as a consultant in community, inpatient and home treatment settings in central Liverpool, before her current post treating adults with ADHD. She has wide-ranging experience in the management of complex and severe mental illness, particularly in areas of high socio-economic deprivation and multiple health conditions. She is passionate about improving equality of access to healthcare for people with severe mental illnesses. Helen has special interests in ADHD, trauma (especially in people seeking asylum) and women's mental health.



## Dr Ross Overshott

Dr Ross Overshott is a consultant liaison psychiatrist at Royal Oldham Hospital, having previously worked for 12 years at Salford Royal Hospital. He is a member of the Royal College of Psychiatrist's Liaison Psychiatry Executive Committee, leading on workforce, and also represents the North West Division. Ross is a member of the national PLAN accreditation committee and a former president of the Psychiatry Section of the Manchester Medical Society.

# Meet the speakers



# Programme



## Dr Duha Ilyas

Dr Duha Ilyas is a senior specialist trainee in nephrology and medicine, and is currently pursuing postgraduate PhD training at the University of Manchester. Her aptitude and passion for research has been crucial to advancing the science in this project attracting significant NIHR funding to critically advance knowledge, evidence generation and conceptualising clinical applications. Duha's research focuses on 'bio-incompatibility' in modern-day extracorporeal therapies as demonstrated by activation of complement and acute inflammatory pathways during haemodialysis. Her involvement in this research has been comprehensive from idea creation, hypothesis generation and study design through to setup, delivery and conducting the trials (phase I–III studies, including first-in-human trial).



## Dr Noshaba Naz

Dr Noshaba Naz is a consultant nephrologist and clinical service lead in nephrology at Arrowe Park Hospital and an honorary lecturer at the University of Liverpool. She is the clinical lead in vasculitis, vascular access and renal education, and has a special interest in vasculitis and glomerulonephritis. She is also a PACES examiner and renal SCE question writer and has presented many abstracts nationally and internationally, and published in peer-reviewed journals. Noshaba is additionally involved in undergraduate teaching at Arrowe Park Hospital and the lead for renal rotations.



## Dr Jeyaprakash Ramachandran

Dr Jeyaprakash Ramachandran graduated in 1996 from Salem Medical College, Salem and went on to complete postgraduate medical training in 2001 at Kilpauk Medical College in India. He then trained in the UK and gained MRCP in 2007, and completed subspecialty training in haematology in the West Yorkshire Deanery in 2014. Jeyaprakash worked as a consultant haematologist at Warrington Hospital until 2020 and then moved to Royal Oldham Hospital. He practises general haematology and has special interests in myeloma and chronic lymphocytic leukaemia (CLL).



# Meet the speakers



## Dr Seema Brij

Dr Seema Brij has been a respiratory consultant since 2005 and specialises in infection and, in particular, tuberculosis (TB). Through necessity, she also manages other causes of pulmonary granulomatous inflammation, such as sarcoidosis. She sees the challenges for respiratory medicine in the future as smoking and vaping cessation, keeping fit and active, and maintaining a healthy BMI. Seema moved from Cambridgeshire to the North West in 2018.



## Dr Laura Dobson

Dr Laura Dobson is a consultant cardiologist with a specialist interest in echocardiography and valvular heart disease at Wythenshawe Hospital in Manchester. She was appointed as a consultant in 2017 and leads a busy heart valve service, overseeing a nurse led valve surveillance clinic of around 1,800 patients as well as recently developing a multidisciplinary complex valve clinic. In addition to this, Laura supports the structural valve interventional service. Prior to this she completed her cardiology training in the West Yorkshire Deanery, undertook an advanced imaging fellowship in non-invasive imaging at Monash Heart in Melbourne, Australia and an MD at University of Leeds investigating the use of cardiac magnetic resonance imaging (CMR) to assess patients with aortic stenosis.

# Programme