



# National Respiratory Audit Programme (NRAP)

Healthcare Improvement (HI) Programme meet the coaches

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## Aleks Gawlik-Lipinski

MSc Nursing, PgDip Advanced Clinical Practice, PgDip  
Respiratory Medicine, BSc Paramedic

Aleksandra Gawlik-Lipinski, Advanced Nurse and Paramedic  
Practitioner, PhD Student at the University of Leicester.

Aleks' research is focused on asthma mortality in children and she  
currently works in general practice as a respiratory ANP.

Aleks has 18 years of experience in the medical field in various settings,  
including emergency services, A&E, acute medical wards, retrieval  
medicine, and primary care. She is passionate about education and facilitates respiratory training sessions in  
primary care.

She is an NRAP (National Respiratory Audit Programme) Clinical Fellow for Children and Young People Asthma at  
the Royal College of Physicians (RCP), Vice-Chair of the Association of Respiratory Nurses (ARNS) Research and  
Education Sub-Committee and a Co-Chair of BTS Nurse Special Advisory Group (SAG). In her free time, she likes  
crocheting and reading.



## Jay Arumugam

Basildon and Thurrock University Hospital

Jay graduated in medicine in India and did postgraduation in Paediatrics before  
moving to the UK. He completed CCT in Paediatrics in the UK and did further  
fellowship in Paediatric Respiratory Medicine. He has 25 years of experience in  
Paediatrics and has 10 years of experience as a consultant.

Currently, he is a consultant in Paediatrics at Basildon Hospital and an honorary  
consultant in Paediatric respiratory medicine at King's College Hospital. Jay is the  
lead for CYP asthma for Mid and South Essex NHS Foundation trust and he is the  
lead for PAU at Basildon Hospital.

He has an allotment and enjoys gardening in his free time.

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## Cielito (Cielo) Caneja

Croydon Health Services NHS Trust

Cielito currently works as a Specialist Respiratory Practitioner and Research Lead in the Integrated Respiratory Services of Croydon Health Services NHS Trust. She is a core committee member of the Philippines Nurses Association United Kingdom.

Cielito has worked in the National Health Service for 23 years in a variety of roles specialising in Respiratory Nursing and Research, and with a wealth of experience internationally. Over this period, she developed incredibly both in managing patient care and managing research projects through research programs.



She is a Faculty in Bronchoscopy and a Research Supervisor/Mentor in Allied Health Care Practise and Nursing. A Mental Health First Aid England National Instructor. She is a published author with global citations in various healthcare platforms. An Editorial Board at The Physicians Journal. A member of the International Coalition of Respiratory Nurses, The European Respiratory Society Assembly 9.3.

She is a recipient of multiple awards in Health Care, including an Improvement Leadership Fellowship from the National Institute of Health and Social Care Research, First Prize in Scientific Podium Presentation Croydon Health Services, London, and a Joint Research Committee Grant awardee for her work in Bronchoscopy Nursing. Alumna Digital Leadership Florence Nightingale Foundation and 75 Faces of Research NHS England.

She continues to advance her professional development as a Research Postgraduate at the National Heart and Lung Institute, Imperial College London. Cielito is passionate about promoting the use of evidence-based practice and facilitating the amalgamation of conventional and digital health care in acute and community settings. She is passionate about developing the workforce to be research-aware and embed research in clinical practice. In her free time, Cielito enjoys hiking and exploring nature.



## Michelle Maguire

Imperial College Healthcare NHS Trust

Michelle is a clinical specialist physiotherapist and service lead for the Integrated Respiratory Service at Imperial College Healthcare NHS Trust.

She has extensive experience working within all aspects of integrated care and has a particular passion for improving accessibility and reducing health inequity for patients with chronic respiratory disease.

She has been the North West London AHP PR Lead since 2022 and successfully supported her own service through the Pulmonary Rehabilitation Accreditation Scheme in 2024. Outside of this she works as an accreditation assessor with PRSAS and is currently completing an MSc in Advanced Clinical Practice.

In her free time, she enjoys being active, traveling home to visit family in Ireland and is often found chasing her dog and 'three-nager' child around.



## Josie Cunningham

Frimley Park Hospital

Josie trained as a pharmacist at the University of Reading and has been working at Frimley Park Hospital since 2014. Her passion has always been respiratory medicine and she was the Respiratory Clinical Pharmacist until the end of 2019, where she moved over to cystic fibrosis and is now the Lead for Quality Improvement in this department.

Her role involves putting systems into place to improve the service the cohort of patients receive and to support the staff within the CF Unit. She has a particular interest in the microbiology aspect of care and has completed a lot of projects to improve the management of acute and chronic infections in the CF Unit. She is also currently training as an Advanced Clinical Practitioner at the University of Surrey.



Outside of work she is a member of a local orchestra where she plays the violin. She is also enjoying learning Japanese and keeps active by playing squash and taking nice long walks with her partner and their dog.

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## Judith (Jude) Hampson

Royal Derby Hospital



Jude is a respiratory consultant at the Royal Derby Hospital with a specialist interest in COPD and Sleep.

Currently, she serves as the lead for Quality and Safety in her department and is the clinical lead for the COPD NRAP audit. In addition to these roles, she played a key part in establishing a multidisciplinary Quality Improvement (QI) faculty within her department. Her involvement in a variety of projects has focused on areas such as tobacco dependency, improving COPD discharge bundle compliance, and reducing Non-Invasive Ventilation (NIV) initiation times.

Previously, Jude was a coach for the Midlands in the NACAP QI training programme, a role she found incredibly rewarding. Building on that experience, she has collaborated with the Midlands Pulmonary Rehab Network to deliver more local QI training.

In her free time she enjoys open water swimming, yoga and spending time with her family.



## Katharine (Katy) Pike

Bristol Royal Hospital for Children (BCH)

Katy is committed to improving outcomes for children and young people with respiratory diseases, principally asthma. She is a consultant paediatrician with extensive academic experience and a proven record of developing and managing teaching programmes, as well as leading collaborative, multidisciplinary research. She enjoys working in partnership with children and their families in both clinical and research settings.

She was awarded a PhD from the University of Southampton in 2010, then combined further research and subspecialty training as an NIHR Clinical Lecturer. Her first consultant post was as a clinical academic at the UCL Great Ormond Street Institute of Child Health, where she established a new MRes in Child Health, initiated the Great Ormond Street Severe Asthma Service and developed a further research interest in safe air travel for children with respiratory disease.



Katy moved to the Bristol Royal Hospital for Children in 2020. This enabled her to consolidate and broaden her clinical expertise and has offered exciting opportunities to engage with developing asthma care across the clinical spectrum from primary to tertiary care. She has remained engaged with research through national and international collaborations, acting as a Cochrane Review editor, reviewer and author, and contributing to national guidelines.

She likes to understand the experience of individual patients against the background of what is happening across populations, she like to use her background in epidemiology to help her understand clinical data and how this can be used to transform services, patient outcomes and experiences.

Katy has run ironman triathlons in the past and swum from Europe to Asia and, just when she thought her sporting days were over after over a decade's hiatus, she has been convinced to enter an ultra-marathon so her spare time will be spent running and eating for the foreseeable!



## Habib Ali

Birmingham Children's Hospital

Habib has completed specialty training in paediatrics in the west midlands and worked as Fellow in paediatric cystic fibrosis at Birmingham Children's Hospital for 1 year.

He has been Consultant General paediatrician since 2017 at Birmingham Women and Children's NHS Foundation Trust and has a specialist interest in paediatric allergy and asthma.

He is also the chair of the Asthma steering group - which oversees asthma care of children across the trust.



## Ravijyot Saggu London

Ravijyot has a hospital background (Medicine & Emergency services with Respiratory specialism) and is an honorary clinical lecturer for the London School of Pharmacy (UCL). She was Chief Pharmaceutical Officer's clinical fellow ('21/'22 at NHSE) and recent Medicines Optimisation lead in a community trust. Ravijyot is a coach, chair of the UK Clinical Pharmacy Association respiratory committee and has been part of NICE/British Thoracic Society (BTS) national guideline committees. She is a NICE Associate, member of the RPS' hospital expert advisory group, European Respiratory Society guideline development group and council member for Asthma and Lung UK.



She is passionate about sustainable, personalised and holistic care for patients, population health/integrated care to reduce health inequalities. She's also part of the NHSE 'Lung health@home', NHSE inhaler working group/Sustainability board and 'Overprescribing' workstreams, also NHSE Respiratory clinical reference group member and former BTS pharmacist specialist advisory group member and on both BTS & European Association of Hospital Pharmacists Sustainability task and finish groups (including co-founder of Centre for Sustainable Health Pharmacy network).

She has led and contributed to local/national projects and workstreams (and continues) including authoring educational content: development of the 'Greener practice/Health foundation' QI toolkit (low carbon, value asthma care), ICS Green plan & 'sustainability' checklist, commissioning/medicines budget impact for NICE, Inclusive Pharmacy Practice, RPS hospital standards review/ Virtual Wards professional standards, UKHSA/ESPAUR COPD toolkit, DHSC Essential Medicines Lists & collaboration with Greener NHS, PrescQIPP, Pharmacy Declares and the Federation of International Pharmacists.



## Philip Pearson Northampton General Hospital

Philip is a respiratory consultant and Associate Medical Director for Patient Safety (including GIRFT and quality improvement) at Northampton General Hospital. A Chartered Quality Professional, he taught QI at Leicester Medical School 2014-19, as well as developing a QI teaching programme for Foundation doctors.

He has learned from international leaders and introduced ideas from Toyota kata and from Training Within Industry to the NHS.

He is a lifelong supporter of London Welsh RFC (and a member of the rugby club choir) and is learning Welsh (siaradwr newydd dw i a dysgwyr Sylfaen).