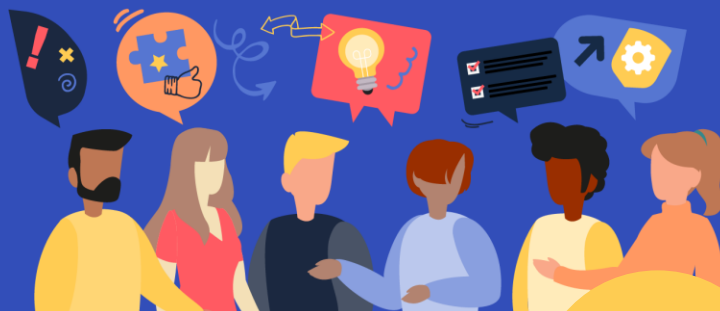




Royal College  
of Physicians

# Update in medicine



**10 March 2026 | London**

CPD code:

**6 CPD  
credits**

Programme

08.00	Registration and refreshments
09.10	<b>Conference opening comments</b> Dr Imran Mannan FRCP, regional adviser, Central and North East London
09.15	<b>Session 1</b> Chair – Dr Anita Banerjee FRCP, RCP censor
09.20	<b>Uro-gynae</b> Dr Azur Khunda, consultant gynaecologist, Guy's and St Thomas' NHS Foundation Trust
09.50	<b>Menopause</b> Dr Brianna Cloke, consultant obstetrics and gynaecology, Guy's and St Thomas' NHS Foundation Trust
10.20	<b>Panel Q&amp;A</b>
10.30	Comfort break
11.00	<b>Session 2</b> Chair – Dr Mashkur Khan FRCP, regional adviser, South London
11.05	<b>Bridging neurology and general medicine: innovations in MS and migraine care</b> Speaker to be announced
11.35	<b>Overlooked and misunderstood: A generalists guide to managing balance, vertigo, and dizziness</b> Speaker to be announced
12.05	<b>Panel Q&amp;A</b>
12.15	<b>RCP update</b> Professor Mumtaz Patel PRCP, RCP president; Dr Omar Mustafa FRCP, RCP registrar



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12.30 Lunch

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13.30 **Session 3**

**Chair – Dr Jacob de Wolff FRCP**, regional adviser, North West London

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13.35 **No more salbutamol! Whatever next! Changes in NICE guidelines**

**Dr Jaideep Dhariwal**, consultant respiratory physician,  
Guy's and St Thomas' NHS Foundation Trust

14.05 **COPD in 2025: what's new and what matters most**

**Professor Wisia Wedzicha**, head of respiratory, Imperial College London;  
honorary consultant, Royal Brompton and Harefield Hospitals NHS Foundation  
Trust

14.35 **Panel Q&A**

14.45 **Turner-Warwick lecture: Addressing the elephant in the room: diagnosing  
and treating unprofessional behaviour amongst doctors**

**Dr Stephen Joseph**, ST6 respiratory medicine,  
Homerton Healthcare NHS Foundation Trust

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15.20 **Comfort break**

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**Session 4**

15.50 **Chair – Dr Jonathan Katz FRCP**, regional adviser, Central and North East  
London

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15.55 **Recovering heart function - a positive framework for every physician**

**Dr Ameet Bakhai FRCP**, consultant cardiologist,  
Royal Free London NHS Foundation Trust

16.25 **Acute arrhythmias in the emergency dependent - a survival guide**

**Dr Joseph Tomson FRCP**, consultant cardiologist,  
Royal Free London NHS Foundation Trust

16.55 **Panel Q&A**

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17.05 **Conference closing comments**

**Dr Rachel Tennant FRCP**, regional adviser, North West London

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17.10 **Close of conference**

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**Please note this programme may be subject to change.**

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