

National Respiratory Audit Programme (NRAP) Pulmonary Rehabilitation audit: Frequently asked questions (FAQs) Version 4.0: Oct 2024

There are also guidance documents available for the technical aspects of the web tool.

Contents

This contents page is navigable. Please click on any of the below headings and subheadings to take you to
the relevant section of the FAQ document.
General information
Using the web tool6
Login and registration6
Viewing patient records8
Deletion of patient records8
Importing and exporting data9
Custom fields9
Service paused or shut down temporarily (due to COVID-19, resourcing etc)10
Service merger10
Walk tests
Guidance on conducting walk tests12
Data Entry15
Data entry deadlines15
Clinical dataset
Virtual/Home Based PR (including hybrid working)16
Eligibility criteria



	Demographic/admission data	19
	Programme referral and clinical information	19
	Assessment tests and questionnaires	20
	Key information about programme	20
	Discharge information	21
	Dates	22
Ke	ey definitions	22



General information

Back to contents

Contact details

- What are the contact details for the pulmonary rehabilitation (PR) audit team?
 - You can contact us at 020 3075 1526, or praudit@rcp.ac.uk. Our helpdesk is open from 9am 5pm, Monday to Friday.
 - Our addresses are:
 - London: The National Respiratory Audit Programme, The Royal College of Physicians, 11 St Andrews Place, Regent's Park, London, NW1 4LE.
 - Liverpool: The National Respiratory Audit Programme, The Royal College of Physicians, 2
 Paddington Village, Liverpool, L7 3FA.

• Does the audit programme have a Twitter account?

- Yes, it does. It is @NRAPaudit
- The hashtag to use for this audit is #pulmrehab.
- What resources are available for the audit and where can I download them from?
 - The following resources are available:
 - o dataset
 - o data collection sheet
 - o dataset quick reference guide
 - $\circ \quad \ \ \text{clinical audit guidance}$
 - o fair processing information
 - o information governance (IG) FAQ
 - National Data Opt-Out (NDOO) FAQ (from patients assessed from 1 April 2024)
 - patient consent form (for patients assessed prior to 31 March 2024)
 - o patient information sheet
 - o patient information poster



These are available on both the web tool's 'Downloads' page at <u>www.nrap.org.uk</u> (available to select from the top menu bar of the homepage of the audit once you are logged in), with those applicable to a more public audience also available on the <u>RCP website</u>.

Royal College of Physicians	11111211111111111111111	al respiratory audit nme (NRAP)	Pulmonary Re	habilitation			
Home Charts Reports Downloads Support							
Access the resourc clicking on 'Downle the PR audit web to homepage.	oads' on	is now open s assessed from 1 April 2023. ts assessed earlier using the v2 datase inched on 1 March 2019. Audit guidar be found within the 'Downloads' secti es indicated, records must be complet	ce and materials, including information on on of this website.	ES)	New online benchmarks report Compare KPIs for all services by year Updated exports Latest new features New v2 Imports Updated import system Regional report available 1 March 2022 – 30 September 2022 New v3 dataset released Assessments from 1 April		
Important notice for health From 31 July 2022 all health		March 2023 er the deadline may not be counted in the aud are providers in England	th the National Data Opt-out. Patient data en	tered	NACAP is now NRAP From 1 June 2023 News archives NRAP Twitter		

- Can I obtain a participation certificate in exchange for participating in the PR audit?
 - Yes. If members of your local audit team would like participation certificates to recognise their contribution to the audit, please contact your local audit lead so that they can request a certificate for you from the audit team.

• Is there information explaining the audit available for patients?

- Yes. Patient information documentation is available to download from the patient involvement and support page of our website: https://www.rcp.ac.uk/projects/patient-involvement-and-support.
- For patients assessed for PR up to 31 March 2024, there is an information leaflet, poster and patient consent form
- For patients assessed for PR from 1 April 2024, it is not necessary to obtain patient consent for inclusion in the audit. The patient poster includes a QR code which links to an updated information leaflet explaining the new consent model.
- The poster should be displayed in all areas that will be visible to patients referred for PR.

PR Frequently Asked Questions | Version 4.0: Oct 2024 National Respiratory Audit Programme praudit@rcp.ac.uk | 020 3075 1526 www.rcp.ac.uk/nrap



• Does this audit collect patient identifiable data?

Yes. The PR audit collects the following patient identifiable items:

- > NHS number
- date of birth
- home postcode

• Do patients need to give consent for their data to be include in the audit?

Prior to April 2024, this audit operated on a **patient consent model** meaning eligible patients were required to provide written and verbal consent prior to their data being included in the audit. For this cohort (patients assessed up to 31 March 2014), PR services must confirm they have gained consent from patients on the online data collection tool (via tick-box) before being able to enter patient data.

The audit has obtained permission from the Confidentiality Advisory Group (CAG) to process confidential information patient without consent (**CAG reference 23/CAG/0167)**.

This means that, with effect from **1 April 2024**, patients assessed for PR are not required to give explicit consent for their data to be entered into the audit. Instead, PR services in England will need to establish what their local procedures for confirming patients' **National Data Opt-Out (NDDO) preferences** are and apply them.

Wales does not operate a national data opt-out programme, but patients are still able to opt out of individual audits, such as this one. Services in Wales will need to follow their local procedures.

If you would like more details on our **information governance** arrangements, please see our information governance FAQs. We have added a specific National Data Opt Out (NDOO) FAQ which can be downloaded from the NRAP website https://www.rcp.ac.uk/projects/outputs/support-service-teams-pulmonary-rehabilitation.



Using the web tool

Back to contents

Login and registration

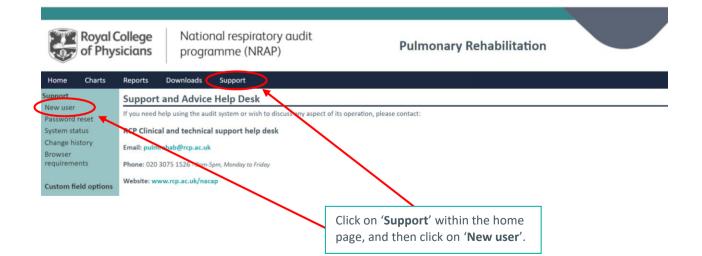
- Where can I find the PR audit web tool?
 - It can be found at this website: <u>www.nrap.org.uk</u>

• Do I have a login for the web tool?

- If you were registered for the PR audit you should have received an email from <u>helpdesk@crownaudit.org</u>. This may have gone through to your junk mail, so please check.
- The email will contain your username, and details on how to reset your password.
- If you have not received this email, but believe you should have, please contact the audit team.

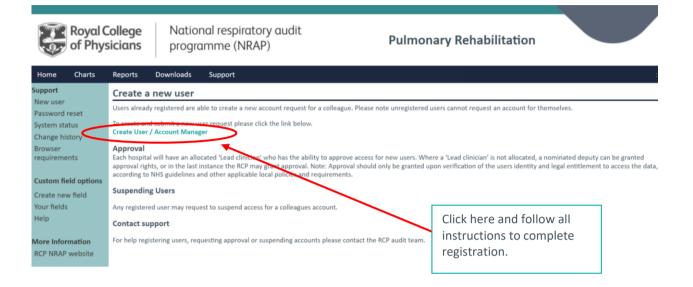
• How do I register more users on the web tool?

- If you have a login for the web tool yourself, you can create new logins for your colleagues.
- Once you are logged in, please follow the last option on the top menu bar 'Support', then select
 'New user' from the left-hand menu that appears and follow the instructions.



PR Frequently Asked Questions | Version 4.0: Oct 2024 National Respiratory Audit Programme praudit@rcp.ac.uk | 020 3075 1526 www.rcp.ac.uk/nrap





- If you are the lead for the PR audit at your service, then you can approve new user requests.
- If you are not the lead, the lead will need to approve the new user request. The lead will automatically be sent an approval request via email once you've followed the steps outlined above.
- Once the request has been approved, an email will be sent to your colleague, asking them to complete the login process.
- Please be careful when entering in names, telephone numbers and especially email addresses,
 when creating new accounts. Errors will mean that the account will have to be deleted and created
 again and risks unauthorised access to see local hospital patient data.
- Please note it is the responsibility of the lead clinician to ensure that **only** individuals who have the appropriate **permissions to access confidential patient information** have access to the web tool!
- Members of the NRAP team are not authorised to add or approve new users on behalf of a service.



Viewing patient records

- Can I view the patient records entered for my service?
 - Yes. By selecting 'Patients' from the menu bar, you will be able to view which patients have been entered onto the web tool.

• Can I search through the patient record list by NHS number?

- There is a search function available on the web tool, please type in the NHS number and you will be able to view the patient record.
- In the meantime, your web browser search function (hit 'Ctrl' and 'F', and then enter in the text you are searching for) will work on this page.

• What is an 'Artemis ID'?

- This is a code automatically assigned to every patient entered on the web tool, which serves to anonymise the data. It is presented as a long sequence of letters and numbers such as, 5C920511992C579832C378DF34B8AFBB. Please use this if you wish to discuss particular patient records with either the NRAP team or Crown.
- Please do not, under any circumstances, send/provide NHS numbers, or any other form of patient identifier (name, date of birth etc), to any member of the NRAP audit team or Crown.

Deletion of patient records

• What do I do if I have entered the same patient twice?

- If you attempt to validate or save a record which has already been entered (i.e. the NHS number, date of birth, gender and date of assessment match), the web tool will flag this up and you will not be able to save the duplicate.
- I want to delete a patient record, what do I do?
 - In your audit home screen, select All records on the left-hand side.
 - Find the record you wish to delete and click on the NHS number this will take you into the saved record.
 - Click 'Edit' in the top right corner.
 - You will then see a 'Delete' button in the top right corner, click this.

PR Frequently Asked Questions | Version 4.0: Oct 2024 National Respiratory Audit Programme praudit@rcp.ac.uk | 020 3075 1526 www.rcp.ac.uk/nrap



- A pop-up box will appear asking you to select a reason for deleting the record select your reason and then click 'Delete'.
- If you have any issues with this, please do not hesitate to get in touch with us either at <u>praudit@rcp.ac.uk</u> or on 020 3075 1526.

Importing and exporting data

- Can I upload/import patient data in bulk?
 - Yes, you can bulk upload bulk data in a suitably formatted .CSV file.
 - Guidance on how to format these files is available on the web tool's 'Downloads' page at <u>www.nrap.org.uk</u> (available to select from the top menu bar of the homepage of the audit once you are logged in).

• Can I export the clinical data for my own service?

• Yes. Once you are logged into the web tool, select 'Exports' from the menu bar and then follow the instructions to export your site level data as a .CSV file.

Custom fields

• How can I add in/remove custom fields?

- 'Custom fields' is a function of the web tool that allows you to add additional data field(s) to the patient records should you wish to audit other elements of care at a local level. If you add custom fields, these will not be exported for national or site-level reporting – this facility is provided for your local internal auditing purposes only.
- If you wish to add in custom fields to your dataset, then please select 'Custom fields' from the top menu bar once you are logged into the web tool and follow the instructions on the left-hand bar.
- You can request to delete a custom field only if there is no data stored against it. If there is data against the custom field, but you still wish to remove it, you are able to 'disable' for local use.
- To disable a custom field, select 'Custom fields' from the top menu bar, then click on the name of the field you wish to disable. Click on the 'Edit' button in the top right-hand corner and then select 'No' for the 'Include this field in your records?' option.



• Please note that custom fields cannot be imported. Please refer to the separate import guidance documents (available on the web tool) for more information.

Service paused or shut down temporarily (due to resourcing etc)

- Our service was suspended part-way through a PR course, or our service shut down for a while. Should we enter these patient records?
 - If the patients will re-start the same PR course (part way through or completely) once your service reopens/the programme restarts, leave the record saved as a draft and you can complete the record once the patient has completed.
 - If it is likely that patients won't complete the original PR course and will need to be re-enrolled to start a new course from the beginning, you should not enter their data and delete the original record. Wait until the patient(s) is/are re-enrolled and create a new record on that PR course.
 - If you have already started entering data for patients who are unlikely to return to complete the course, we recommend deleting these records and starting again when and if they re-enrol.

Please ensure to let the NRAP team know when your PR services pauses delivering so we are aware of your situation and don't mark the service as 'non-participating' in our audit reports.

Service merger

- There has been a change to the name of our service or the way it is provided, or our service has stopped or paused delivering PR. What should we do about this?
 - If there are any changes to the details that were used to register your PR service, or the way your service operates, it is important that you let the NRAP team know as soon as possible at praudit@rcp.ac.uk, and tell us the exact date that the change took place. We will then liaise with the Crown Informatics team, who manage the audit webtool, to update your service records.
 - If your service has paused its delivery of PR: We will make a note of this to ensure that your service is not listed as 'non-participating' in our published reports.
 - *If your service has stopped operating indefinitely*: *Please request that your account is suspended.*



- Our PR service has recently merged with another service. What do we need to do to continue submitting data as a combined service?
 - If your service is going to merge with another service officially, please inform the NRAP team as soon as possible by emailing us at <u>praudit@rcp.ac.uk</u>. You will need to let us know the exact date that the merger took place. You will also need to tell us whether:
 - You would like to create an entirely new account for the merged service, under a new name (OR)
 - You would like to continue using an existing webtool account of one of the services involved in the merger and already registered on the webtool. The other account would be suspended from the date of the merger, and any records entered since the date of the merger would be moved over to the existing account you have chosen to continue using.
 - There will be a new name for the service, and what Trust/NHS Region/ICS or Health Board it falls under.
 - Who the lead clinician for the new service and what staff, who are already registered on the web tool and who will need to move across. Any staff registered to this account will be able to create log-ins at this service for colleagues from the suspended service but Crown are also able to do this as part of their processes. The lead clinician will have to register any new users.
 - We will also require a new Caldicott Guardian form and merger registration form for the service.
 Please contact the NRAP team for these.
 - Once we have these details, we will liaise with the team at Crown Informatics, who manage the audit webtool, to ensure your new account is created, and will confirm the date the changes will take effect. Please note that depending on the date of the merger, and the date NRAP is informed, the service changes may not be reflected in reports that are due for publication.

• What happens if the merger took place in the middle of a reporting cohort?

• A reporting cohort is patients who were assessed for PR within a certain period of time. Ideally, the date you decide for the merger to take effect on the webtool will align with a reporting cohort. This will ensure that reports for your services (historic and new) are not impacted by the merger and can reflect the reconfiguration accurately. However, if your merger took place within this period,



we will need to discuss the best option for your service with you to ensure the reports accurately reflect the data. If a service stops operating, starts operating or merges with another service during a reporting cohort period, its results will not be comparable with other PR services, and you may have difficulty interpreting them. The NRAP team will be able to discuss this with you and tell you the different options available to you.

Walk tests

Back to contents

Guidance on conducting walk tests

- What is NRAP's guidance on conducting walk tests at initial and discharge assessment?
 - The British Thoracic Society (BTS) recommends that pulmonary rehabilitation (PR) services should use either the 6-minute walk test (6MWT) or the incremental shuttle walk test (ISWT) at assessment as measures of exercise capacity conducted at the initial and discharge assessment.
 - PR services should conduct the 6MWT or the ISWT as set out by the <u>European Respiratory Society</u> (ERS) and American Thoracic Society (ATS) technical standards.
 - All patients undergoing PR should complete an initial assessment that includes an exercise test.
 - Regardless of which walking test is used, practice walk tests should be conducted.

6MWT:

- The 6MWT is a functional exercise test that is self-paced. Individuals are allowed to stop and rest if they choose. Distance covered in the 6 minutes is recorded in metres.
 Encouragement should be standardised and offered every minute.
- The test should be conducted along a 30m track to ensure the assessment is reliable and comparable within and between centres.
- Please follow the link above to the technical standards and refer to p2 'Key findings' and p12 'Testing protocol for 6MWT'.



ISWT:

- An Incremental Shuttle Walk Test is an incremental, externally paced assessment of peak exercise capacity. The test is conducted over a 10m course. The distance covered is calculated from the number of 10m lengths completed and is expressed as a total distance (m).We encourage services to consult the standard operating procedure for conducting ISWT, available at Respiratory Futures for practical guidance on implementing the test at your assessment centres.
- The walk tests are used as an outcome measure at discharge to evaluate the effectiveness of the PR programme.
- What is NRAP's recommendation and key performance indicators (KPIs) for walk tests?
 - As of September 2022, NRAP had the following walk test KPIs (they are accompanied by information on where to see service performance against these KPIs, and any available resources you can use for quality improvement (QI)):
 - Organisational audit KPI 3: If 6MWT are being used to measure exercise capacity, use a 30metre course to adhere to technical standards.
 - See 2021 <u>PR organisational audit</u> (July 2022). This is also an improvement priority.
 - See the <u>summary report</u> (p6) for practical guidance on achieving this KPI.
 - See the <u>benchmarked key indicator report</u> for rationale behind this KPI, and national and service level performance against it.
 - Clinical audit KPI 2: People undertake a practice exercise test (for ISWT or 6MWT).
 - Clinical audit and regional reports can be used to review performance against this KPI at national, country and service level <u>National Respiratory Audit Programme</u> (<u>nrap.org.uk</u>).
 - Use PR real-time run charts available on the <u>audit webtool</u> to track individual service progress against this KPI over time.
 - % people performing a practice walk test
 - Clinical audit KPI 5: One walking test Minimal Clinical Outcome Importance Difference (MCID) achieved.



- 6MWT and ISWT are both used to assess patient outcome following PR and therefore performance against this exercise capacity KPI.
- Clinical audit and regional reports as above
- Use PR real-time run charts available on the <u>audit webtool</u> to track individual service progress against this KPI over time.
 - % people meeting MCID on the ISWT/6MWT
- We conduct the 6MWT but there is not space at our centre(s) to use the correct 30-metre track. What should we do?
 - The recommended length for the 6MWT is 30-metres, and that this be a straight out and back course. The challenge with doing the course over different lengths and shapes is that the data is not interchangeable or directly comparable. For example, the average distance of a 10-metre 6MWT as a percentage of the predicted value is 8% lower compared to a 6MWT conducted on the 30-metre course, resulting in a worse representation of a patient's functional exercise capacity.

<u>Course length of 30 metres versus 10 metres has a significant influence on six-minute walk</u> <u>distance in patients with COPD: an experimental crossover study - ScienceDirect</u>

Conversely, participants tested on continuous (square, rectangular, triangular, circular, or oval) courses on average walked 30-metres further than those tested on straight (out and back) course.

Six-Minute Walk Distance in Chronic Obstructive Pulmonary Disease | Reproducibility and Effect of Walking Course Layout and Length | American Journal of Respiratory and Critical Care Medicine (atsjournals.org)

- If you are unable to conduct the 6MWT using the correct 30-metre track required by technical standards, we advise you to use to incremental shuttle walk test (ISWT) instead. This requires a shorter, 10 metre track, so can be used in centres with limited space.
- Services who use the ISWT rather than the 6MWT will be marked as 'Not applicable' in any NRAP publications reporting on whether services meet the key performance indicator 'X', so using this walk test will not impact your service's performance.



Data Entry

Back to contents

Data entry deadlines

- When did the PR clinical audit start?
 - NRAP launched on 1 March 2018, with data collection for the PR audit starting on 1 March 2019.
 Data collection for the PR clinical audit will run continuously until at least May 2026.

• Are there any data entry deadlines?

- Data deadlines are quarterly in order to facilitate continuous data entry and ensure real time reports are kept up to date.
- The next data entry deadlines for the PR audit can be found below. They will also be made available via the web tool <u>homepage</u> and the <u>RCP webpages</u>.

Data entry deadlines	Patients included
4 August 2023; 12am (mid-night)	Patients assessed for PR between 1 October 2022 – 31 March
	2023.
9 February 2024; 12am (mid-night)	Patients assessed for PR between 1 April – 30 September
	2023.
3 May 2024; 12am (mid-night)	Patients assessed for PR between 1 October 2023 – 31
way 2024, 12am (mu-mgnt)	December 2023.
August 2024; 12am (mid-night)	Patients assessed for PR between 1 January 2024 – 31 March
z August 2024, 12dill (Illu-Illgill)	2024.

 A dataflow document, detailing all the uses of pulmonary rehabilitation audit data along with the frequency of publications can be found on the audit web tool's 'Downloads' page and on our website.

Can I have an extension on data deadlines?



- Unfortunately, we cannot offer extensions on the data deadlines under any circumstances. An 18week period has been provided to enable patients to complete their PR programme and support teams to enter eligible cases onto the web tool to ensure the maximum number of records are included in national, NHS regional, Integrated Care System (ICS) / Local Health Board and site-level reporting.
- It is important that records are added within the deadlines provided to ensure that any Quality Improvement activity taking place at a local level is informed by up-to-date data.
- How many cases should we be entering?
 - All patients over the age of 18 with a primary diagnosis of one of the respiratory conditions listed in the dataset and who have been assessed for PR should be included in the audit.
 - If you are concerned about this, please contact the audit team to discuss what support is available to you to help you participate in the audit.
- Are draft records included in any of the PR reports? (E.g. national, NHS Region, ICS / Health Board, site level).
 - No, draft records are not included in **any** PR reports. Please ensure all records are saved fully prior to data entry deadlines.

Clinical dataset

Back to contents

Virtual/Home Based PR (including hybrid working)

- We are carrying out remote assessments for PR patients. How do we record this in the audit?
 - You are able to record in the patient record that your service is working remotely, and we
 recommend you select home-based for question 5.2 of the dataset and then the appropriate
 method for 5.2a (telephone, video conferencing etc). We have also adapted the questions we
 believe will be affected by remote working. This particularly pertains to the walk test elements of
 the data set.



- Where we are carrying out remote assessments for PR patients, we are not able to conduct walking/exercise tests.
 - We have added an option of "No walking test conducted assessment done remotely" to the initial and discharge assessment questions (4.1 & 7.2) to allow this data to be captured.
 - NRAP will not be adding sit to stand (STS) tests to the main clinical audit dataset due to STS:
 - not supporting exercising prescription (a main function of PR) as required by PR national guidelines,
 - > providing any link with MCID and therefore no robust indication of patient outcomes, and
 - raising concerns around safety of unsupervised STS tests when conducted as part of remote/virtual PR.
 - If you wish to add STS as a custom field for your service, please see page 6 of this document for instructions on how to do this. This will enable you to capture this information for your service and download the data for discuss and review as required.

The following paper provides information on conducting exercise tests for remote/virtual PR: https://journals.sagepub.com/doi/full/10.1177/1479973120952418.

• Our service is currently providing phone/video call PR support to patients, how do we record this?

- Phone/video call PR should be recorded as home-based PR in question 5.2 of the dataset and the appropriate methods and number of sessions scheduled/delivered using that method entered into questions 5.2a, 5.3 and 5.4.
- If the patient is receiving a supported PR session via phone/video call once a week for a period of six weeks, this should be recorded as 6 sessions. This should not include any sessions they are doing/being asked to do, on their own, outside of this allocated support session.
- If we have some patients having a combination of face-face and remote/virtual PR, how do we record this?
 - You can select both centre and home-based PR into the web tool for a patient (question 5.2), and then provide details of method and number of sessions accordingly.



- How do we record PR undertaken as part of the SPACE programme?
 - This should be recorded as home-based PR in question 5.2 of the dataset and then 'Phone calls' for question 5.2a. You can then enter the number of sessions planned and received in 5.3 and 5.4.

Eligibility criteria

- Inclusion criteria
 - All patients with a **primary diagnosis** of one of the following respiratory conditions
 - > COPD
 - > asthma
 - bronchiectasis
 - interstitial lung disease
 - Iong COVID
 - pre/post thoracic surgery (including lung cancer/LVR/lung transplant)
 - > pulmonary hypertension
 - chronic heart failure
 - other chronic respiratory disease
 - o and who
 - > attend an initial assessment for PR
 - > are 18 years or over on the date of assessment
 - have been screened for their data opt-out preferences. For further information on checking patients' data opt-out status, please visit the information governance of our website <u>https://www.rcp.ac.uk/projects/outputs/support-service-teams-pulmonary-rehabilitation</u>.

NOTE RE LEGAL BASIS FOR PR AUDIT: NRAP has received approval from the Confidential Advisory Group (CAG) to process confidential patient information without consent for the PR audit **(CAG reference 23/CAG/0167).**

This means that, with effect from 1 April 2024, patients assessed for PR will not be asked to give explicit consent for their data to be entered into the audit. Instead, PR services in England will need to establish what their local procedures for confirming patients' **National Data Opt-Out (NDDO) preferences** are and apply them. Wales does not operate a national data opt-out programme, but patients are still able to opt out of individual audits, such as this one. Services in Wales will need to follow their local procedures.



For further information on checking patients' data opt-out status, please visit the information governance resources on our website <u>https://www.rcp.ac.uk/projects/outputs/support-service-teams-pulmonary-rehabilitation</u>.

- Exclusion criteria
 - Patients who have opted-out via the National Data Opt-Out scheme in England or local opt-out procedures in Wales.
 - Patients who have not been referred with a primary diagnosis of one of the respiratory conditions listed above.

Demographic/admission data

- A patient does not have an NHS number. What should I enter?
 - Please enter '[NONNHS]' for patients that reside in the UK but do not have an NHS number.
 Patients who do not reside in the UK should not be entered into the audit.

Programme referral and clinical information

- What is the earliest date of receipt of referral that can be entered in Question 2.1?
 - 1 January 2018.

Provided they have given consent, patients whose referral was received any time after 1 January 2018 and who were assessed for PR any time after 1 March 2019 should be included in the audit.

• What date do I input in item 2.3 (Date of initial Pulmonary Rehabilitation (PR) assessment appointment)?

- The assessment date is the date the patient attends an appointment to be assessed before beginning PR sessions.
- This may vary between services and is the first date the patient was assessed with the view of enrolling them onto a PR programme. This may be an in-person assessment but could also be a telephone call during which there is a clinical interaction with a healthcare professional. Telephone calls that are exclusively to book an assessment appointment should not be classed as initial assessment.



Assessment tests and questionnaires

- How do I complete question 4.3a-d on total values for the patient's Chronic Respiratory Questionnaire (CRQ) if the value recorded is more than 7?
 - The CRQ includes four areas: dyspnoea, fatigue, emotional function, and mastery. Each area is made of up individual items which can be scored between 0 and 7. To obtain the score for each area, add the scores for each item that make up the area and divide this by the number of items (the value can never therefore be greater than 7)

Key information about programme

- How do I complete the dataset from section 5 onwards if, after the initial assessment, the patient was deemed clinically unsuitable or declined to start PR?
 - Upon answering 'No Clinically unsuitable/patient choice' at question 5.1 (*Post assessment, was the patient enrolled onto a PR programme?*), all following irrelevant questions will be greyed out and you will be able to save the record without entering any more information.
 - Please note that you will still have to complete sections 1-4 correctly for the record to be marked as complete.
- What date do I put in for item 5.1a (*Post assessment, was the patient enrolled onto a PR programme? If 'Yes', enter start date*)?
 - Please enter the date that the patient **started** PR, even if an earlier date was offered and the patient declined or did not attend.
- What constitutes a supervised session in item 5.3 and 5.4 (Total number of supervised PR sessions scheduled and received)?
 - A supervised session is an exercise session that takes place in a centre-based environment, with active supervision from a member of the PR team.
- How do I enter information about a patient that has had centre-based and home-based PR in one programme?



If a patient was offered a combination of supervised centre-based PR and home-based sessions, please select both centre-based and home-based in question 5.2 (*Was the patient enrolled on a centre-based or home-based PR programme?*) and then answer the subsequent questions (5.2a, 5.3 and 5.4) relating to type of centre-based programme and number of sessions scheduled and received.

Discharge information

- A patient accepted a start date for PR, but then subsequently passed away or dropped-out before their first session. How do I complete the information from section 6 onwards?
 - Please complete section 5 with all the relevant information. For question 6.1 (*Was a discharge assessment performed?*) you should then select 'No drop-out health reasons/patient choice'.
 - If you answer 'No' to question 6.1 you will not be expected to answer any more questions, and they will be greyed out.
- A patient dropped-out after initial assessment but I don't know why. What reason do I select?
 - If you have **not** been informed by the patient or their family/representative that they have dropped-out due to health reasons then please select 'No drop-out patient choice'.
- A patient has withdrawn from PR part-way through the programme, do I include them in the audit?
 - Please include patients who consented at assessment but later dropped-out (for whatever reason), even if they only attended one session. In section 5 (key information relating to the programme), you can enter how many sessions the patient has attended and how many sessions were originally scheduled.
 - If you answer 'No' to question 6.1 (*Was a discharge assessment performed?*) you will not be expected to answer any more questions, and they will be greyed out.
- A patient completed their PR programme but did not complete a discharge assessment. How do I complete their record on the web tool?
 - Please complete section 5 with all the relevant information. For question 6.1 (*Was a discharge assessment performed?*) you will be able to select 'No DNA'.



• If you answer 'No' to question 6.1 you will not be expected to answer any more questions, and they will be greyed out.

Dates

- A date has not been recorded for a question in the audit and I cannot save the record without this. How do I answer if no date/time is recorded?
 - All questions requiring a date (apart from 2.1, where you can answer 'Not Known') are mandatory.
 Please ensure that staff record all relevant dates in patient notes.
 - Dates are required for the following questions in the audit dataset:
 - Question 1.1a Date of birth
 - Question 2.1 Date of receipt of referral
 - Question 2.3 Date of initial PR assessment appointment
 - Question 5.1a Start date for PR
 - Question 6.1a Date of discharge

The paper and on-line dataset also provide help notes, which can be accessed by selecting the information icon next to each question in the latter.

Key definitions

Back to contents

- **Service** means a PR service with a shared pool of staff and central administration where referrals are received. A service may operate at several sites.
- **Programme** means the course of PR classes that the patient is enrolled onto.
- Site means the physical location where the PR classes are provided e.g. a hospital, gym or church hall.
- .CSV file is a comma separated value file. These can be opened in Excel or other database software.
- **Completion:** for the purposes of the PR audit completion of pulmonary rehabilitation is defined as a patient undertaking a comprehensive discharge assessment (including measures of health status and exercise capacity) following a course of pulmonary rehabilitation.