

Update in medicine



12 September 2024 | Brighton

CPD code: 148604

6 CPD
credits

08:00 Registration and refreshments

09:00 Welcome and introduction, Dr Burhan Khan, RCP regional adviser, KSS

Session 1 – Niche specialties for the general physician
Chair – Dr Jeremy Tibble, RCP regional adviser, KSS

09:05 **Medical Oncology for the generalist**
Dr Riyaz Shah, consultant medical oncologist,
Maidstone and Tunbridge Wells NHS Trust

09:45 **Lumps, bumps and mysterious swellings**
Dr Mike Tarzi, senior lecturer, Brighton and Sussex Medical School, consultant
immunologist, Brighton and Sussex University Hospitals NHS Trust

10:25 **Headache management for general medicine**
Dr Anish Bahra, consultant neurologist,
Barts Health NHS Trust

11:05 Comfort break

Session 2
Chair – Dr Deborah Bosman, RCP regional adviser, KSS

11:30 **HIV Essentials: Bridging the gap for general physicians**
Professor Jaime Vera, consultant HIV medicine
University Hospitals Sussex NHS Trust

New names, new drugs, better outcomes
12:10 Dr Deepak Joshi, consultant hepatologist,
King's College Hospital NHS Foundation Trust

12:50 **RCP update**
Dr Omar Mustafa, RCP interim registrar, global vice president / associate
global director for Middle East and North Africa

Programme



13:00 Lunch

Session 3

Chair - Dr Burhan Khan, RCP regional adviser, KSS

14:05 Turner-Warwick lecture - KSS

Improving transition onto haemodialysis: a novel trainee-led clinic

Dr Joseph Cairns, specialty trainee in renal medicine,
University Hospital Sussex NHS Foundation Trust

14:20 Turner-Warwick lecture - London

The Medical Trainee Network: A novel trainee led network delivering digital training to all London IMT trainees

Dr Arun Sivananthan, specialty trainee in gastroenterology,
Imperial College Healthcare NHS Trust

14:35 **Comic-based research in the medical humanities**

Dr Muna Al-Jawad, clinical senior lecturer in medical education, Brighton and Sussex Medical School, honorary consultant geriatrician,
University Hospitals Sussex NHS Foundation Trust

15:10 Comfort break

Session 4

Chair – Dr Deborah Bosman, RCP regional adviser, KSS

15:35 **High CK on the medical take**

Dr Cai Neville, consultant rheumatologist,
Royal Surrey Hospital NHS Foundation Trust

16:10 **Ultrasound as the new stethoscope, a journey from just locating fluid to assessing haemodynamics and venous congestion**

Dr Martin Dachsel, consultant in acute and general medicine,
Surrey and Sussex Healthcare NHS Trust

16:45 **Closing comments**, Dr Jeremy Tibble, RCP regional adviser, KSS

16:50 Close of conference

Please note this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP



Your regional representatives in Kent, Surrey and Sussex

Regional advisers

Dr Jeremy Tibble, University Hospitals Sussex NHS Foundation Trust
Dr Deborah Bosman, University Hospitals Sussex NHS Foundation Trust
Dr Burhan Khan, Dartford and Gravesham NHS Trust

New Consultants Committee

Vacancy

SAS Regional Representatives Network

Vacancy

Trainees Committee

Dr Anand Sundaralingam

Student and Foundation Doctor Network

Harmanleen Singh, medical student

Enquiries:

Holly McCarthy, regional manager
londonsoutheast@rcp.ac.uk



Meet the speakers



Dr Riyaz Shah

Dr Riyaz Shah is a thoracic consultant medical oncologist based in Kent, and a Steering committee member of the British Thoracic Oncology Group and lead for cancer research in his oncology centre.



Dr Mike Tarzi

Dr Mike Tarzi completed undergraduate training in Cambridge and London. A very brief foray into respiratory medicine training was cut short by a research opportunity in asthma and allergy at the National Heart and Lung Institute, following which he switched to training in immunology and allergy at Barts Health. Mike was appointed senior lecturer at Brighton and Sussex Medical School with an honorary consultant immunologist role at University Hospitals Sussex. He is the clinical lead for regional allergy services and for blood sciences, with academic activities now mainly teaching and clinical trial work.



Dr Anish Bahra

Dr Anish Bahra is a consultant neurologist with a specialist interest in headaches. Anish has been part of the general neurology team at Whipps Cross Hospital since 2003 and ran a tertiary headache service at the National Hospital for Neurology and Neurosurgery (NHNN) until 2022. She has now moved her specialist service to the multidisciplinary Facial Pain Service based at the Pain Management Centre, NHNN at Cleveland Street and her headache service to Oxford University Hospitals. Anish's research was in cluster headache at the Institute of Neurology, University College London. She is a trustee of OUCH, the Organization for Understanding Cluster Headaches. She is a council member of the British Association for the Study of Headache (BASH), and part of the BASH Guideline group which published the updated national headache guidelines in 2019. She is on the editorial board of the journal Advances in Clinical Neuroscience and Rehabilitation and the Brain Research UK Scientific Advisory Board.

Programme

Meet the speakers



Professor Jaime Vera

Professor Jaime Vera is a professor in HIV medicine at the Department of Global Health and Infection, Brighton and Sussex Medical School. Jaime is also the clinical lead physician for the combined HIV and memory clinic in Brighton. Jaime's research focuses on the study of comorbidities affecting people with HIV, such as cognitive impairment and frailty. This includes the development of innovative models of care aimed at improving quality of life, and mental wellbeing of older people with HIV in both low- and high-income settings.



Dr Deepak Joshi

Dr Deepak Joshi is a transplant hepatologist with an interest in autoimmune liver disease. Deepak is the clinical lead for hepatopancreato-biliary (HPB) medicine and an advanced biliary endoscopist, specialising in paediatrics. He is a member of the Young Adult and Adolescent Liver Service at King's College Hospital, working in a multidisciplinary team, and is a reader in HPB medicine at King's College London. Deepak is a co-author of the book *Hepatology at a glance* and holds current research interests in the management of biliary disease pre- and post-liver transplantation, including the role of endoscopy.



Dr Joseph Cairns

Dr Joseph Cairns graduated from the university of Birmingham Medical School in 2014 after completing a BSc in biochemistry at the University of Sussex in 2009 and an MSc in virology at Imperial College London in 2010. He completed his core medical training at King's College Hospital then moved to the South coast as a KSS Renal Trainee. He has recently started acting up as a locum renal consultant at the Royal Sussex County Hospital where he is the lead for advanced kidney care and runs polegate satellite dialysis unit.

Programme

Meet the speakers



Dr Arun Sivananthan

Dr Arun Sivananthan is a senior gastroenterology fellow (ST7) in advanced endoscopy and has completed a PhD on robotic endoscopy. Arun is actively interested in training, having set up and organised the regional London internal medicine training since 2020 as an NHS England fellow and demitting chair of the British Society of Gastroenterology trainee section. Arun is a former young gastroenterologist of the year 2021 – emerging leader.



Dr Muna Al-Jawad

Dr Al-Jawad is a clinical senior lecturer in medical education at Brighton and Sussex Medical School, and an honorary consultant geriatrician at University Hospitals Sussex NHS Foundation Trust. Their talk is called ‘Comic-based research in the medical humanities’.



Dr Cai Neville

Dr Cai Neville has been a consultant rheumatologist and clinical lead for 16 years and a college tutor for the past 10 years. Clinically, Cai’s special interest is osteoporosis and her real love is mentoring – she believes that every junior in her care deserves to feel valued and invested in.

Programme

Meet the speakers



Dr Martin Dachsel

Dr Martin Dachsel is a consultant in acute medicine in Surrey and a member of the Focused Acute Medicine Ultrasound (FAMUS) working group. Martin has a keen interest in ultrasound education, is the undergraduate ultrasound tutor of the trust and has been teaching nationally on FAMUS, Focused Ultrasound in Intensive Care (FUSIC), FUSIC heart and FUSIC-HD courses. He uses ultrasound daily in assessing acutely unwell patients.

Programme