



New consultants forum

18 November 2025 | Virtual

3 CPD
credits

Programme

14.15 Welcome and introduction

Session 1

Chair – Dr Nadia Sarween FRCP, RCP New Consultants Committee representative – West Midlands

14.20 Recognising sexism and sexual misconduct

Dr Sarah Bowater FRCP, consultant cardiologist,
University Hospitals Birmingham NHS Foundation Trust

14.50 Panel discussion – Dr Sarah Bowater FRCP and Professor Mumtaz Patel FRCP, RCP president

15.05 Walking your own leadership path

Dr Ruw Abeyratne, director of health equality and inclusion,
University Hospitals of Leicester NHS Trust

15.45 Comfort break

Session 2

15.55 Chair – Dr Udit Mittal FRCP, RCP New Consultants Committee representative – Oxford and Thames Valley

15.55 Palliative care – improving outpatient skills, broadening mortality

Dr Milind Arolker FRCP, consultant in palliative care,
University Hospitals Birmingham NHS Foundation Trust

16.45 Open forum – your opportunity to network with RCP New Consultants Committee representatives and new consultant colleagues

16.55 Closing remarks

17.00 Close