

Update in medicine



17 June 2026 | Exeter

CPD code: 155435

6 CPD
credits

08:00 Registration and refreshments

09:15 **Welcome and introduction**
Dr Roland Boey FRCP, RCP regional adviser, Peninsula

09:20 **Session 1 – ‘I can’t breathe...’ respiratory challenges**
Chair – Dr Andria Merrison FRCP, RCP regional adviser, Severn

09:25 **High flow nasal oxygen: just expensive oxygen?**
Dr Katrina Curtis FRCP, consultant respiratory physician,
University Hospitals Bristol and Weston NHS Foundation Trust

10:05 **ICU for the general physician: what you need to know**
Dr Benjamin Garfield, consultant in critical care and respiratory medicine,
Guy's and St Thomas' NHS Foundation Trust

10:45 Comfort break

11:15 **Session 2 – Acute care and emergency updates**
Chair – Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn

11:20 **What else can you do with a medical degree? Win a world cup?**
Dr Lewis Jones, consultant in emergency medicine, Royal Devon University
Healthcare NHS Foundation Trust; team doctor, England Red Roses Rugby
team

11:55 **Haematological emergencies for acute physicians**
Dr Sarah Wheeldon, consultant in haematology and transfusion medicine,
Royal Devon University NHS Foundation Trust

12:30 **RCP update**

Programme



13:00 Lunch

13:50 **Session 3 – From ascites to acute kidney injury: diagnostic pitfalls and infections not to miss**
Chair – Dr Nicola Maddox, RCP Resident Doctor Committee representative and chief registrar, Peninsula

13:55 **Acute kidney injury at the front door**
Dr Lynsey Webb FRCP, consultant in acute medicine and nephrology; deputy medical director, community care group, Royal Devon University Healthcare NHS Foundation Trust

14:30 **Alcohol-related liver disease and its complications encountered on the acute take**
Professor Ashwin Dhanda FRCP, professor of liver medicine, University Hospitals Plymouth NHS Trust

15:05 **Returning traveller infection cases for the general physician**
Dr Ray Sheridan, consultant physician and director of medical education, Royal Devon University Healthcare NHS Foundation Trust

15:40 Comfort break

16:00 **Session 4 – Through the physician's lens: movement and myocardium**
Chair – Dr Nigel Lane FRCP, RCP regional adviser, Severn

16:05 **Movement disorder emergencies for acute physicians**
Dr Sonali Dharia, consultant neurologist, Royal Devon University Healthcare NHS Foundation Trust

16:40 **Ischaemic heart disease / myocardial infarction (IHD/MI) management: updates for physicians**
Dr Mrinal Saha FRCP, consultant cardiologist, Gloucestershire Hospitals NHS Foundation Trust

17:15 **Conference closing comments**
Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn

17:20 Close of conference

Please note this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP



Your regional representatives in Severn

Regional advisers

Dr Nigel Lane

Dr Andria Merrison

Dr Carolyn Mackinlay

New Consultants Committee

*Vacancy**

SAS Regional Representative Network

*Vacancy**

Resident Doctor Committee

Dr Frederica Betteridge

Dr Aimee Leadbetter

Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

Lead college tutor

Dr Tina Mehta

Your regional representatives in Peninsula

Regional advisers

Dr Sanjeev Gupta

Dr Roland Boey

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Resident Doctor Committee

Dr Nicola Maddox

Dr Wai Yan Kyaw Nyunt-Thinn

Dr Sophie Goodrun

Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

Lead college tutor

Dr Tina Mehta

*If you are interested in the above vacancies, please get in touch.

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