

Update in medicine



5 December 2024 | Cardiff

CPD code: 150398

6 CPD
credits

08.00 Registration and refreshments

09.00 **Welcome and introduction**
Dr Hilary Williams, RCP vice president for Wales

Session 1: The future of healthcare in Wales
Chair – Dr Hilary Williams

09.10 **Developing and delivering services in rural settings**
Dr Sam Rice, consultant physician and endocrinologist, Hywel Dda University Health Board

09.30 **Deep End: How general practice is trying to tackle health inequalities**
Dr Kathrin Thomas, RCGP public health lead and
Mrs Joanna Watts-Jane, Deputy Chair, Deep End Cymru

09:40 **'I felt like I was being kidnapped' – a focus on frailty and hospital flow**
Dr Siobhan Lewis, consultant geriatrician, University Hospital of Wales

10.00 **Community hepatology – taking specialist care closer to home**
Dr Andrew Yeoman, consultant hepatologist, Aneurin Bevan University Health Board; honorary senior lecturer, division of population medicine, Cardiff University

10.20 **Panel Q&A, chaired by Dr Hilary Williams**

10.40 **Comfort break**

Session 2: Embracing novel advances in medicine: applying to clinical practice
Chair – Dr Andrew Lansdown, RCP regional adviser

11.10 **'HOCUS' POCUS**
Dr Eugene Tabiowo, consultant in acute medicine, Royal Glamorgan Hospital

11.40 **Genetics in the real world**
Dr Ian Tully, consultant in medical genetics, University Hospital of Wales

12.10 **Bradshaw lecture: Kidney transplantation: current landscape and future directions**
Professor Siân Griffin, consultant nephrologist, University Hospital of Wales

Programme



12.50 **RCP update**

13.00 **Lunch**

14.00 **Session 3: College session**
Chair – Dr Vivek Goel, RCP regional adviser

14.10 **Turner-Warwick lecture**
Caring for the deteriorating patient: Implementing an evidence-based complex intervention to improve end-of-life decision making
Dr Charlie Finlow, ST5 palliative medicine, Wrexham Maelor Hospital

14.25 **Turner-Warwick plaque presentation**

14.30 **Open forum**
Chair – Dr Hilary Williams, vice president for Wales
Professor Thomas Solomon, academic vice president, RCP
Dr Alexandra Burgess, Resident Doctor Committee representative, Wales
Dr Karl Davis, RCP councillor
Dr Sam Rice, RCP regional adviser, West Wales
Dr Ben Thomas, RCP regional adviser, North Wales
Dr Ruford Sequeira, RCP SAS Network representative, Wales

15.00 **Comfort break**

Session 4: Medicine is so much bigger – Wales and beyond
Chair – Dr Ben Thomas, RCP regional adviser

15.30 **Parkinson's on the acute medical take**
Dr Sally Jones, consultant physician and geriatrician, Ysbyty Gwynedd

16.00 **The changing face of cystic fibrosis
– personalised medicines and person-centred care**
Dr Jamie Duckers, consultant respiratory physician, University Hospital
Llandough

16.30 **Cardio top tips for the non-cardiologist on call**
Dr Charlotte Thornton, consultant cardiologist, Morriston Hospital

17.00 **Closing comments**
Dr Hilary Williams, RCP vice president for Wales

17.05 **Close of conference**

Please note this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers.
As such they are not owned by, and do not necessarily represent the views of, the RCP



Your regional representatives in Wales

RCP vice president for Wales

Dr Hilary Williams, Velindre Cancer Care Centre

Regional advisers

Dr Vivek Goel, Grange University Hospital (demitting December 2024)

Dr Sam Rice, Prince Philip Hospital

Dr Ben Thomas, Wrexham Maelor Hospital

Dr Andrew Lansdown, University Hospital of Wales

Dr Fidan Yousuf, Aneurin Bevan University Health Board (incoming January 2025)

New Consultants Committee

Vacancy – South Wales*

Vacancy – North Wales*

SAS Regional Representatives Network

Dr Ruford Sequeira, Royal Gwent Hospital

Resident Doctor Committee

Dr Alexandra Burgess, Morriston Hospital, Swansea

Dr Sacha Moore, Morriston Hospital, Swansea

Student and Foundation Doctor Network

Jack Jones, Swansea University

Nile Saunders, Swansea University

RCP lead college tutor for Wales

Dr Khalid Ali, Grange University Hospital

*If you are interested in the above vacancies, please get in touch.

Enquiries

Jacqui Sullivan, RCP regional manager (Wales and southwest of England)

Emily Wooster, policy and campaigns manager (Wales and Northern Ireland)

RCP Cymru Wales, The Maltings, East Tyndall Street, Cardiff CF24 5EZ

Tel: 029 2167 4736

Email: Wales@rcp.ac.uk





Dr Sam Rice

Sam's recent work has revolved around the development of new methods of delivering patient education and support through the use of modern technology. He has an ongoing medical education role as the director for academic training at the Wales deanery and he sits on both the All Wales diabetes implementation group and the national statutory advisory group for diabetes. He is the current secretary of the Welsh endocrine and diabetes society, and a theme lead at the diabetes research unit Cymru.



Dr Kathrin Thomas and Mrs Joanna Watts-Jane

Dr Kathrin Thomas is a Primary Care Lead and presenting with her is Mrs Joanna Watts-Jane, the deputy chair of Deep End Cymru. Deep End is a movement that began in Scotland in 2009, inspired by Dr Julian Tudor Hart, and has spread across the UK and internationally. Deep End Cymru launched in November 2022 and is a network of the GP practices that have the highest proportion of their patients living in the most deprived communities. Deep End Cymru seeks to introduce measures that mitigate impacts of inequitable health determinants through:

- Supporting the development of these practices
- Developing systems leadership and collaboration
- Advocating for the communities, as well as for the GPs and their practices.
- Improving patient outcomes and staff well-being



Dr Siobhan Lewis

Dr Siobhan Lewis is a consultant geriatrician at Cardiff and Vale UHB, who spends her days in the emergency and acute medical unit supporting frail older patients through their journey in urgent care. Siobhan is passionate about hospital systems and flow and is the clinical lead for goal 5 (optimal hospital flow) and goal 6 (home first) of the six goals for urgent and emergency care programme. She has a particular interest in deconditioning and is the chair for the All Wales avoiding deconditioning group as well as being actively involved in supporting hospitals to focus on minimising avoidable harm as a tool for improved patient flow.

Meet the speakers



Speaker biographies



Dr Andrew Yeoman

Dr Andrew Yeoman was appointed as a consultant hepatologist in Aneurin Bevan University Health Board in 2010 having trained in Wales, New Zealand and King's College Hospital, where he completed his MD in autoimmune hepatitis. He was clinical lead for the Wales liver disease implementation group from 2016 to 2023, which focused his interest on early detection strategies and improved models of care, and inspired him to tackle the significant health inequalities experienced by patients with liver disease. Andrew's subspecialty areas of interest are in autoimmune liver disease and the early detection of liver disease, and he currently co-leads a research programme aiming to identify missed opportunities for disease recognition. Since March 2021, Andrew has been the quality lead for the RCP Improving Quality in Liver Services accreditation scheme, which provides valuable insights into how services can be redesigned to benefit patients.



Dr Eugene Tabiwo

Dr Eugene Tabiwo is an acute physician aiming to maximise his first contact with patients by using PoCUS to improve diagnostics, risk stratification and clear decision making. Eugene is one of the founding members of FAMUS (focused acute medicine ultrasound) and is dedicated to delivering clear, competent pathways to POCUS training.



Dr Ian Tully

Dr Ian Tully trained in Cardiff University and after a brief detour into paediatrics in Liverpool and Brisbane, returned to Wales to complete specialist training and PhD in genomic medicine. He is now a consultant in medical genetics and R&D lead for the Welsh Medical Genomics Service, with special interests in neuromuscular genetics, developmental delay, Noonan syndrome and the investigation of undiagnosed patients using emerging technologies. He also works with the syndrome without a name (SWAN) pilot project, which offers detailed MDT review to complex patients without a unifying diagnosis.

Meet the speakers



Professor Siân Griffin

Professor Siân Griffin is a consultant nephrologist in Cardiff with a subspecialty interest in immune-mediated kidney disease, including glomerulonephritis and transplantation. She completed a PhD in immunology at the University of Cambridge and a post-doctoral fellowship at the University of Washington, Seattle. Her current research projects include immunologically high-risk kidney transplantation, post-transplant viral infections, management of patients with failing kidney transplants, and optimising the outcomes for patients with glomerulonephritis by recruitment to clinical trials. Her research is supported by grants from the NIHR and Kidney Research UK. She is an executive board member of the UK Organ Donation and Transplant Research Network, previous general secretary of the British Transplantation Society and previous chair of the UK Kidney Research network transplant clinical studies group.



Dr Charlie Finlow

Dr Charlie Finlow is a palliative medicine registrar in North Wales, currently between IMT training and higher specialty training. Charlie undertook a role as project manager on a project around improving end-of-life care decision making across the health board. She graduated from Norwich Medical School in 2016.



Dr Sally Jones

Dr Sally Jones is a consultant physician and geriatrician, working in Ysbyty Gwynedd, North West Wales. She currently runs the movement disorder service there, in conjunction with another specialist colleague, and together they also lead the Parkinson's Excellence Network for the North Wales area. Prior to moving back to North Wales, where she is originally from, Sally worked in Birmingham, where she led a large multi-site quality improvement project regarding inpatients with Parkinson's disease getting their medications on time – a project that won two national awards.

Speaker biographies

Meet the speakers



Dr Jamie Duckers

Dr Charlotte Thornton is a consultant cardiologist who has remained in Wales following her training in the Wales deanery. Charlotte currently works in Morryston Hospital as a heart failure and imaging specialist with particular interests in echo and CT. She graduated from Cardiff, having completed an intercalated degree in physiology at the same university. Her training has taken her across Wales with junior placements in north, east and west Wales. She has taken various sabbaticals during training to explore life and healthcare systems beyond Wales, including working in the emergency department of a rural hospital in Ecuador as a resident doctor.



Dr Charlotte Thornton

Dr Charlotte Thornton is a consultant cardiologist who has remained in Wales following her training in the Wales deanery. Charlotte currently works in Morryston Hospital as a heart failure and imaging specialist with particular interests in echo and CT. She graduated from Cardiff, having completed an intercalated degree in physiology at the same university. Her training has taken her across Wales with junior placements in north, east and west Wales. She has taken various sabbaticals during training to explore life and healthcare systems beyond Wales, including working in the emergency department of a rural hospital in Ecuador as a resident doctor.

Speaker biographies