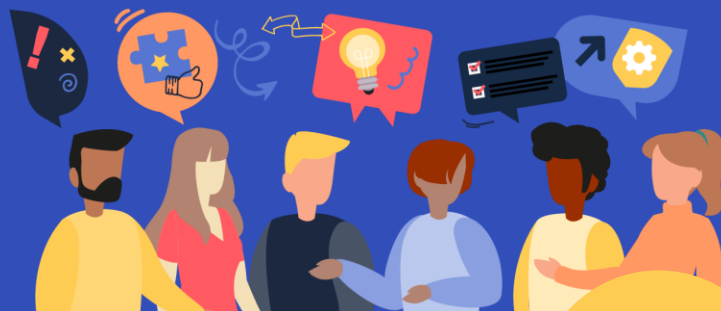




Royal College
of Physicians

Update in medicine



4 December 2025 | Cardiff

CPD code:

**6 CPD
credits**

Programme

08:00 Registration and refreshments

09:00 Welcome and introduction

09:05 **Session 1**

Chair – Dr Sam Rice FRCP, RCP regional adviser, West Wales

09:10 **A brief history of GLP-1 receptor agonists, recent developments and future prospects**

Professor Steve Bain FRCP, assistant medical director for research and development; clinical director of the diabetes research unit, Swansea Bay University Health Board

09:30 **Medical weight management in Wales – what services should be provided?**

Professor Dev Datta FRCP, consultant in metabolic medicine, visiting professor, University South Wales

09:50 **Psychological factors in obesity & GLP-1 management**

Dr Hazel Barker, highly specialist clinical psychologist, Cardiff and Vale University Health Board

10:10 **Panel Q&A**

10:30 Comfort break

11:00 **Session 2**

Chair – Dr Ben Thomas FRCP, RCP regional adviser, North Wales

11:00 **Causal pathways in multiple sclerosis - a journey through a clinical academic career**

Prof Ruth Dobson FRCP, professor of clinical neurology, Barts Health NHS Trust; Queen Mary University of London

11:35 **BRADSHAW LECTURE: Born in Bradford: can a research study change a city?**

Prof John Wright, director of research, Bradford Teaching Hospitals NHS Foundation Trust

12:20 **RCP Update**

Professor Mumtaz Patel, RCP president and **Dr Omar Mustafa**, RCP registrar



12:40	RCP Wales Update Dr Hilary Williams, RCP vice president for Wales
12:50	Lunch break
13:50	Session 3 Chair – Dr Andrew Lansdown FRCP, RCP regional adviser, South Wales
13:50	Haematology emergencies – what gets a haematologist up in the middle of the night? Dr Emma Litt, consultant haematologist, Shrewsbury and Telford NHS Trust
14:25	Tips on how to manage complex conditions in a modern NHS Dr Subhra Raghuvanshi, consultant rheumatologist, Betsi Cadwaladr University Health Board
15:00	AF – do we CARE? Dr Adrian Raybould FRCP, consultant cardiologist Hywel Dda University Health Board
15:35	Comfort break
15:50	Session 4 Chair – Dr Fidan Yousuf FRCP, RCP regional adviser, South East Wales
15:50	Acute kidney injury in AMU: assessment and management Dr Dena Pitrola, acute and nephrology consultant, Cardiff and Vale University Health Board Dr Gwenno Edwards, acute and nephrology consultant, Betsi Cadwaladr University Health Board
16:25	Toxicology: It is the dose that makes the poison (most of the time) Dr Laurence Gray, director, National Poisons Information Service, Cardiff and Vale University Health Board
17:00	Closing comments from RCP vice president for Wales
17:10	End of conference

Please note this programme may be subject to change.

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