

Update in medicine



28 April 2026 | Newcastle

CPD code:

6 CPD
credits

Programme

08:15 Registration and refreshments

09:10 **Welcome and introduction**

Dr Anita Jones FRCP, RCP regional adviser, Northern

09:15 **Session 1**

Chair – Dr Anita Jones FRCP

09:20 **Management of chronic kidney disease – update on new pharmacological developments**

Dr Shalabh Srivastava, consultant interventional nephrologist,
South Tyneside and Sunderland NHS Foundation Trust

09:55 **Practical Parkinson's**

Dr Neil Archibald FRCP, consultant neurologist,
South Tees Hospitals NHS Foundation Trust

10:30 **Falls: Diagnoses not to make and not to miss**

Dr Nigel Stout, consultant physician and geriatrician,
South Tyneside and Sunderland NHS Trust

11:05 **Comfort break**

11:30 **Session 2**

Chair – Dr Bilal Jijah, FRCP, RCP regional adviser, Northern

11:35 **Screening, prevention and early diagnosis of colorectal cancer**

Professor Colin Rees FRCP, professor of gastroenterology at Newcastle
University, president, British Society of Gastroenterology,

Postgraduate medical education update

12:05 Dr Dawn Ashley, consultant acute physician,
University Hospital of North Tees

RCP update

12:35 Professor Mumtaz Patel PRCP, RCP President
Dr Omar Mustafa FRCP, RCP registrar

Hilton Newcastle Gateshead, Bottle Bank, Gateshead NE8 2AR

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12:55 Lunch

13:45 **Session 3**

Chair – Dr Sath Nag FRCP, RCP regional adviser, Northern

13:50 **TB for acute physician**

Dr Nick Scriven FRCP, consultant acute and general medicine,
Calderdale and Huddersfield NHS Foundation

This talk has been supported by the Mitchell Trust

14:25 **Putting teeth into LGBTQ+ healthcare: Beyond GUM and across the life course**

Dr Dan Bailey FRCP, consultant geriatrician,
King's College Hospital NHS Foundation Trust

15:00 **Pneumonia in people with learning disability**

Dr Hilary Tedd, consultant respiratory physician,
The Newcastle upon Tyne Hospitals NHS Foundation Trust

15:35 **Comfort break**

15:50 **Session 4**

Chair Dr Thea Preston, RCP SAS doctor Committee representative, Northern

15:55 **Fever in the returning traveller**

Dr John Williams FRCP, consultant in infectious diseases,
South Tees University Hospital NHS Foundation Trust

16:30 **Valvular heart disease in the TAVI era: What every physician should know**

Dr Shaza AK Bashir, consultant cardiologist,
South Tyneside and Sunderland NHS Foundation Trust

17:05 **Conference closing comments**

Dr Anita Jones, FRCP, RCP regional adviser, Northern

17:10 **Close of conference**

Please note this programme may be subject to change.

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Your regional representatives in the Northern region

Regional advisers

Dr Anita Jones, Sunderland Royal Hospital
Dr Sath Nag, The James Cook University Hospital
Dr Bilal Jajah, Darlington Memorial Hospital

New Consultants Committee

Vacancy

SAS Regional Representative Network

Dr Thea Preston, Queen Elizabeth Hospital

Resident Doctor Committee

Dr Samuel Hay
Dr Nahaboo Solim

Student and Foundation Doctor Network

Aditya Thakur
Elliot Lewis-Douglas

*If you are interested in the above vacancies, please get in touch.

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