



Certificate in Geriatric Medicine & Diploma in Geriatric Medicine

Resource List

The following resources are recommended to candidates preparing for the [Certificate in Geriatric Medicine \(CGM\) knowledge-based assessment](#) and/or the [Diploma in Geriatric Medicine \(DGM\) clinical examination](#). The resource list is not exhaustive but does cover many areas of the [CGM & DGM curriculum](#).

General / Revision Texts

- **ABC series** [Wiley]
 - ABC of Dementia (2014); Coope, B. Richards, F.
 - ABC of Stroke (2011); Mant, J. Walker, M.F. (Eds)
 - ABC of Geriatric Medicine (2009); Cooper, N. Forrest, K. Mulley, G.
- **Geriatric Medicine at a Glance** (2015); Blundell, A. Gordon, A.
- **Oxford Case Histories in Geriatric Medicine** (2015); Thompson, S. Lovett, N. Grimley Evans, J. Pendlebury, S.
 - Excellent content in accessible format. This is aimed at SCE level, but there is much of relevance for CGM & DGM candidates. The case-based format fits very well with the clinical aspect of the DGM in particular
- **Oxford Handbook of Geriatric Medicine** (2026); Bowker, L. Montagu, A. Shah, K. Smith, S
 - Concise but comprehensive – useful to look up / read around cases as they arise in clinical practice
- **Lecture Notes Elderly Care Medicine 8th Edition** (2012); Nicholl, C. Wilson, J
- **Kumar and Clark's Clinical Medicine. 10th Edition. (2020)**; Feather A, Randall D, Waterhouse M (eds).
 - Chapter 15: Geriatric medicine, frailty and multimorbidity.
- **Acute Medicine in the Frail Elderly** (2021); Woodford H, George J.
 - An excellent resource for both CGM & DGM. Practical and well written.

Journals

- [Age and Ageing](#)
 - The official journal of the British Geriatrics Society, publishing international research, reviews and commentary on geriatric medicine, ageing and care of older adults.
- [JAGS \(Journal of the American Geriatrics Society\)](#)
 - Peer-reviewed geriatrics journal.
- Medicine journal - Medicine in older adults edition: [Medicine, November 2024, Volume 52, Issue 11 - Medicine in Older Adults, Pages 647-730](#)

Lectures, Podcasts & Social Media

- [MDTea](#)
 - A free open access series of podcasts for all healthcare professionals working with older adults.
 - Entertaining, bite-size, multidisciplinary, free, covers key points well at the right level for CGM & DGM.
- [GeriPal podcast](#)
 - A widely respected geriatrics and palliative care podcast featuring expert discussions on ageing, frailty, dementia, serious illness and evidence-based care for older adults.
- [Podcasts - RCP Player](#)
 - The Royal College of Physicians' podcast platform, providing educational podcasts and clinical updates across a range of medical specialties including geriatric medicine.
- [BGS Trevor Howell Guest Lecture Series](#)
 - This lecture is given annually at the BGS Autumn Meeting by an eminent physician or scientist, not necessarily a geriatrician, with an international reputation.
- [BGS Marjory Warren Guest Lecture Series](#)
 - The Marjory Warren Guest Lecture is a prestigious annual address hosted by the British Geriatrics Society at the BGS Spring Meeting each year.

e-Learning

- [BGS elearning](#) – Online educational resources, case-based learning and training modules to support healthcare professionals caring for older people.
 - [Frailty: Identification and Management](#)
 - [Delirium in Older People](#)
 - [Oncogeriatrics](#)
 - [Continence in Older People](#)

[BGS Microlearning](#) - BGS Microlearning courses are worth 1 CPD credit and take no longer than an hour to complete. They are free for BGS members. Courses include:

- [Advance Care Planning](#)
- [Visual Impairment](#)
- [Oral health](#)
- [Sarcopenia](#)
- [Oral Health in Older People](#)
- [E-learning for Healthcare](#)
 - Free for anyone with nhs.net email address – no specific geriatric medicine strand but some modules relevant e.g. CHC, dementia, DOLS.
- [BMJ e-learning](#)
 - Free to BMA members. Useful links to e-learning modules and relevant BMJ content searchable by topic – no specific 'geriatric medicine' section but many relevant including delirium, dementia, GCA, consent, back pain, anaemia in old age, heart failure

Guidelines and Evidence-based Materials

- [NICE guidance](#)
 - AKI, AF, CKD, CHF, delirium, dementia, depression, diabetes, diverticular disease, home care, winter deaths, frailty, osteoporosis, head injury, abuse, incontinence, falls, stroke rehab, head injury, hip fracture, TLoC, LUTS, rehab after acute illness
 - Available free online
- [Scottish Intercollegiate Guidelines Network \(SIGN\)](#)
 - Many of same topics as NICE above but has an additional 2 relevant topics not covered by NICE (management of bacterial UTI, chronic venous ulcers)
- [Cochrane reviews](#)
 - [CGA](#)
 - [Falls](#)
 - [Delirium in hospitalised patients](#)
 - [Preventing delirium](#)
- [Up-to-Date](#) (subscription required)
 - Subscription required. Good for looking up and reading around topics and cases – comprehensive current evidence for all areas of medicine. This will take candidates beyond CGM & DGM level but is a fantastic resource used in conjunction with cases / portfolio / experiential / case-based learning.

Specific BGS Website Resources Relevant to the CGM & DGM Curriculum

- [Frailty Hub](#)
- [CGA Hub](#)
- [Delirium Hub](#)
- [BGS key messages: Older people's healthcare](#)
- [BGS key messages: Frailty](#)
- [Integrated systems: Population health management](#)
- [Integrated systems: Practical resources for age-attuned care](#)
- [Bringing hospital care home: Virtual Wards and Hospital at Home for older people](#)
- [Be proactive](#)
- [Reablement, Rehabilitation, Recovery: Everyone's business](#)
- [End of Life Care in Frailty](#)
- [Older adult pharmacy resources](#)
- [Pragmatic prescribing to reduce harm for older people with moderate to severe frailty](#)

Other Resources to Support Individual Curriculum Areas

- [DVLA Medical Fitness to Drive \(2017\)](#)
 - Candidates do not have to memorise all conditions but should be aware of restrictions around common medical conditions of old age, responsibility of medical professionals, and DVLA contact details to gain more in-depth advice
- [STOPP/START criteria for potentially inappropriate prescribing in older people: version 3 \(2023\)](#); O'Mahony, D. et al