

# Update in medicine



28 April 2026 | Newcastle

CPD code: XXXXX

6 CPD  
credits

Programme

08:15 Registration and refreshments

09:10 **Welcome and introduction**

Dr Anita Jones FRCP, RCP regional adviser, Northern

09:15 **Session 1**

Chair – Dr Anita Jones FRCP

09:20 **Management of chronic kidney disease – update on new pharmacological developments**

Dr Shalabh Srivastava, consultant interventional nephrologist,  
South Tyneside and Sunderland NHS Foundation Trust

09:55 **Practical Parkinson's**

Dr Neil Archibald FRCP, consultant neurologist,  
South Tees Hospitals NHS Foundation Trust

10:30 **Falls: Diagnoses not to make and not to miss**

Dr Nigel Stout FRCP, consultant physician and geriatrician,  
South Tyneside and Sunderland NHS Trust

11:05 Comfort break

11:30 **Session 2**

Chair – Dr Bilal Jijah, FRCP, RCP regional adviser, Northern

11:35 **Screening, prevention and early diagnosis of colorectal cancer**

Professor Colin Rees FRCP, professor of gastroenterology at Newcastle  
University, president, British Society of Gastroenterology,

**Postgraduate medical education update**

12:05 Dr Dawn Ashley, consultant acute physician,  
University Hospital of North Tees

**RCP update**

12:40 Professor Mumtaz Patel PRCP, RCP President  
Dr Omar Mustafa FRCP, RCP registrar



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12:55 Lunch

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13:45 **Session 3**

Chair – Dr Sath Nag FRCP, RCP regional adviser, Northern

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13:50 **TB for acute physician**

**Dr Nick Scriven FRCP**, consultant acute and general medicine,  
Calderdale and Huddersfield NHS Foundation

14:25 **Putting teeth into LGBTQ+ healthcare: Beyond GUM and across the life course**

**Dr Dan Bailey FRCP**, consultant geriatrician,  
King's College Hospital NHS Foundation Trust

15:00 **Pneumonia in people with learning disability**

**Dr Hilary Tedd**, consultant respiratory physician,  
The Newcastle upon Tyne Hospitals NHS Foundation Trust

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15:35 Comfort break

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15:50 **Session 4**

Chair Dr Thea Preston, RCP New Consultants Committee representative,  
Northern

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15:55 **Fever in the returning traveller**

**Dr John Williams FRCP**, consultant in infectious diseases,  
South Tees University Hospital NHS Foundation Trust

16:30 **Valvular heart disease in the TAVI era: What every physician should know**

**Dr Shaza Bashir**, consultant cardiologist,  
South Tyneside and Sunderland NHS Foundation Trust

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17:05 **Conference closing comments**

**Dr Anita Jones, FRCP, RCP regional adviser, Northern**

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17:10 Close of conference

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**Please note this programme may be subject to change.**

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## Your regional representatives in the Northern region

### Regional advisers

Dr Anita Jones, Sunderland Royal Hospital  
Dr Sath Nag, The James Cook University Hospital  
Dr Bilal Jajah, Darlington Memorial Hospital

### New Consultants Committee

Vacancy

### SAS Regional Representative Network

Dr Thea Preston, Queen Elizabeth Hospital

### Resident Doctor Committee

Dr Samuel Hay  
Dr Nahaboo Solim

### Student and Foundation Doctor Network

Aditya Thakur  
Elliot Lewis-Douglas

\*If you are interested in the above vacancies, please get in touch.

### Enquiries:

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